

IDAHO

AL--ANON NEWSLETTER

Newsletter by and for Idaho Al-Anon Family Groups

1.00 per year-6 copies

Editor: Gail L. [redacted]

Pocatello, Idaho 83201

3rd Year

April 1975

2nd Issue

AL-ANON SPRING ASSEMBLY May 2, 3, 4-1975 NAMPA MERCY HOSPITAL

THEME: "TRUST"

FRIDAY 8pm-GET ACQUAINTED TIME

REGISTRATION: 2.50

SATURDAY 10am-AL-ANON MEETING

Banquet: 5.00

ATATEEN MEETING

TOTAL: 7.50

noon-LUNCHEON

2pm-DELEGATE'S REPORT

7pm-BANQUET

SUNDAY NO HOST BREAKFAST &
MEETING

MAIL REGISTRATION FORMS TO: SPRING ASSEMBLY

P.O. BOX 1052

NAMPA, IDAHO 83651

Report on the 8th Pacific Region Assembly,
Salt Lake City, Utah Feb.28-March2, 1975

There were nine states in attendance. The Regional Trustee Eric, Holly, our W.S. office secretary were there plus numerous Delegates and past Delegates.

For those of you who did not make it to the conference, perhaps I can pass along some of what was shared so willingly with me.

On newcomers. Take time to lead a newcomer by the hand. Don't forget the emotional turmoil they feel. It's easy to help the cute and personable one. What about the one who needs our help the most? The one who cannot talk, but cries or sits with a stoney face. Care and share! Do not judge. Tell how Al-Anon works; not how to work Al-Anon. Give literature to take home so they may read it when they are calm and quiet. Get their phone numbers. Are we passing out literature in lieu of our hand?? Sharing is preferred over "One Day at a Time".

Alateen. A good sponsor should have good, solid Al-Anon; a good sponsor means good Alateen. Encourage the teens to take the responsibilities of their own group. Al-Anon and Alateen work separately, but all are a family affair. Share with each other; keep an open mind.

On Public Information. Attract, by cooperation with other agencies. Better communications are being developed with the professions, schools, churches, etc. The message of Al-Anon is being carried with the cooperation of TV, radio, newspapers, and magazines. When you hear or see these Al-Anon messages do you let them know your opinions? This is one way we can all help. Think of how much this could mean to all of Al-Anon, if we all wrote just one letter each.

Al-Anon in the rural area. Bob S. told of moving to a rural area from a big city where there was lots of groups, answering service, numbers in the phone book, help with twelve step calls and public information and financial support. In the rural area Al-Anon was almost non-existent and hard to find because no one knew about it; it was also supported by only two or three people.

Conference approved literature. There are publications that are used by a lot of us which are not Conference Approved. We may receive help from these; this is good--outside of Al-Anon. If we went to a Catholic Church, you would not expect to see the Book of Morman there. Let's keep Al-Anon, Al-Anon.

Spiritual meeting. The conference ended with a spiritual meeting on Sunday morning; what a beautiful ending to an inspiring conference! There is no way this feeling can be described; you would have had to be there. I hope sometime each and every one of you will have an opportunity to attend one of these. A beautiful Alateen learned what the Serenity Prayer means to her through her own personal experience and shared it with us.

Other goodies heard. To make contact with my Higher Power, I must look within. Look beneath the actions of others to see why. Releasing to God is not turning my back on the alcoholic. When we have seen God's workings, we cannot deny this experience. Quality, not time, in the program is what counts. The alcoholic is not responsible for us being miserable. Listen and learn. Don't use the traditions to stifle Al-Anon.

On trust. "Trust, our watch word" theme for the 1975 World Service Conference. We loose our trust by placing it in the wrong place. Put your trust in God and the Al-Anon program. No one person is Mr. or Mrs. Al-Anon. Become involved in Al-Anon and share this trust with one another.

Thank you for sharing your trust with me,
Darlene (Panel 15 W.S. Delegate)

Questions from the ASK IT BASKET
Conference Salt Lake 1975

A tape of this session was made available to groups. The G.R. may request the use of the tape to be played at meetings from the Delegate. Here are some questions; can you answer them???

Should last names ever be used? When? Why?

Should Al-Anons go to closed A.A. meetings? How do you stop this?

What are some procedures for stopping some Al-Anons from always taking their mates inventory in group meetings?

DISTRICTS

District #3

District #3 held an open Al-Anon meeting on 27th of March. There were two A.A. speakers, two Alateen speakers, and one Al-Anon speaker.

The district is working on a program for the Spring Assembly. This will be held in Nampa. Hope to have a good turn out.

Naomi S.

GROUPS

Boise

Boise Tuesday Al-Anon meets at the Grapevine Club, 16th & Fort Streets, Tuesdays at 8pm. We are having good attendance of regulars plus several newcomers to our ranks since the first of the year. Pat W. is secretary and Mary J. is G.R.

The Boise Al-Anon Groups have jointly arranged their own telephone contact. It is listed in the local newspaper daily as Al-Anon Family Groups, 344-1661. Each group has two members on the call list. More names are needed for daytime calls.

Mary J.

Coeur d' Alene

Our Al-Anon group in Coeur d' Alene was formed in October of 1970. We are not a new group and are in fact older than all Idaho groups except Boise. We gain inspiration from contact with Washington Al-Anon groups. We are, as is all of N. Idaho, Sandpoint, St. Maries, Harrison, part of Washington Al-Anon. We are Area 1 Washington in the files in New York. The Lewiston-Clarkston Idaho group is part of Walla Walla, Washington area. We in N. Idaho have been part of Washington area since are inception.

The reason N. Idaho groups wish to be part of Washington is that travel distance to and from Spokane is thirty miles, Seattle 300 miles, Walla Walla 175 miles and are so much closer than any contact with you in S. Idaho.

Also I have been D.R. for N. Idaho and part of Spokane for three years and was elected so by three G.R.s of above districts. I was part of at that time (according to the W.S. Handbook, legally so).

As of today I have resigned my part as DR and Jerry O. 2018 Sherman Ave., Coeur d' Alene has been elected to fulfill my position for another three years.

We enjoy constant close communication with Spokane, Wn. We enjoy hearing from you in S. Idaho and Central Idaho and hope you will understand that we contribute to Washington State Al-Anon and Delegate funding because for the past four years we have had a report from the Washington Delegate. We read W.S. communication and work closely with W.S. Al-Anon (Hdqtrs.) and hope you understand our position.

Al-Anon is not governed by states in the real sense but by growth of individuals in the Al-Anon way of life. Please print this letter and let the Idaho folks know why we do what we do.

Lorraine C.

Hailey

Al-Anon and A.A. meetings, Wood River Groups, Hailey-Sun Valley
Monday 8pm at St. Charles Catholic Church Education Building, Hailey.
Thursday 8pm 2nd and 4th Thursdays of each month. Our Lady of the Snows,
Sun Valley. Phones: Hailey 788-3155 & 788-2903; Sun Valley 726-4649 Bob S.

Idaho Falls

Al-Anon still meets Wednesday nights at 8pm but there is a
new meeting place-255 B. St., 3rd floor.

The talks at Ricks are over for this year. We feel it a great
reward with students coming from Rexburg to attend meetings this last
semester. They now can carry the message home to other states as well
as here in Idaho.

I.F. Al-Anons go to Salmon to give a live show on radio "The Voice
of the Valley". This is an hour program. Hope this will help support
the Salmon group and bring new members to them as well as inform the
public.

Al-Anon pot luck April 5th to support our delegate on her trip
to New York. Good Luck, Darlene.

A group of AA, Al-Anons, and Alateens, seventy in all, met to see
the film "Chalk Talk". It was well received by all. If you haven't seen
it yet please do so, it is worth the one hour showing.

The Alateen in I.F. shared their 3rd birthday with a "Parent
Program" on April 19. Parents shared a meeting and were served cake
and ice cream made by the Alateen members. They presented AA with
a hard back book "Hope for Children of Alcoholics". Beth D.

Pocatello

Thursday Serenity Al-Anon group has moved their meeting place to
the Congregational Church on Garfield across from Pocatello High School
in Room 4 in the basement.

The group decided to have one open meeting per month; this is the
third Thursday of every month.

An auction and chili supper was held March 14 to raise money for
the State Fund and Delegate. This event was very successful.

May 16th is the tentative date set for the showing of the movie
"Chalk Talk". This will be shown on the open meeting night and
the public will be invited especially the school counselors.

TREASURER REPORT

Contributions from groups:

January	Al-Anon Family Gr., Idaho Falls	\$30.00
	Wood River Valley, Hailey	5.00
	Al-Anon, Soda Springs	7.50
February	Wood River Valley, Hailey	5.00
March	Tues. Night Al-Anon, Boise	15.00
	Alateen, Idaho Falls	10.00
	North Side Alateen, Wendell	10.00
	North Side Al-Anon Family Gp., Wendell	10.00

Send contributions to Mary J. Boise, Idaho 83702
Please state the number of members it represents. We want to hear from
all of you, large and small, no matter what the size of your contribution.
The Area Treasury has a balance of \$295.00. Mary J.

FROM HEADQUARTERS

There are new posters and newspaper mat ads now available for public information projects. The copy from our TV and radio public service announcements is now available on posters and newspaper mat ads. The posters are black and white and they each include a photograph as well as a written message. A descriptive order blank has already been sent to each group. The object of using the same copy for all the media is to reinforce the impact of what is being seen and heard on TV and radio. It is, therefore, very important for us to get maximum exposure for this material.

Your cooperation is needed to help us provide the public with more information about the existence and availability of both Al-Anon and Alateen, and your efforts to help us coordinate this major public information project will be greatly appreciated. AFG Headquarters

**If someone in your
family has a drinking
problem, you can see
what it's doing to
them.**

**But can you see
what it's doing to
you?**

For information and help, contact:

AL-ANON

local address and/or telephone

Order from:
AL-Anon Family Group
Headquarters, Inc.
P.O. Box 182,
Madison Square Station
New York, N.Y. 10010

#1 AL-Anon/Alateen kit
@\$2.50

#2 AL-Anon kit
@\$1.50

#3 Alateen kit
@1.50

2 columns x 67 lines

NEXT DEADLINE IS JUNE 10, 1975. Sorry that I missed some mailings last time. This will be the last issue sent to groups and individuals who have not paid.