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IDAHO AL-ANON NEWSLETTER

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7th Year

March 27, 1979

2nd Issue

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Newsletter by and for Idaho Al-Anon Family Groups  
\$2.00 per year---4 copies per year  
EDITOR: Deneice W.

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YOUR AREA WORLD SERVICE COMMITTEE:

DELEGATE:-----Lodema K. S.  
ALTERNATE-----Robert S.  
CHAIRMAN:-----Uffa M.  
SECRETARY-----Carla W.  
TREASURER-----John W.  
PUBLIC INFO.-----Vickie S.  
INSTITUTIONS-----Helen H.  
ALATEEN-----Sharon S.  
NEWSLETTER-----Deneice W.  
LITERATURE-----Kathy S.

DISTRICT REPRESENTATIVES

DIST. #3----John W. Boise, Ida.83705  
DIST. #4----Hazel H. Gooding, Ida.83330  
DIST. #5----Uffa M. American Falls, Ida.83211  
DIST. #6----Carla W. Idaho Falls, Ida.83401

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AL-ANON MEETING SCHEDULES:

Sunday Nite----8pm, 1518 Fort St.,--Upstairs at Grapevine Club.  
Monday Nite Newcomers--1st. Congregational Ch., 23rd & Woodlawn, Basmt. 8pm  
Monday Helpful Group--8pm, at Grapevine Club.  
Tuesday Nite----8pm, at Grapevine Club--Upstairs.  
Wednesday Nite--8pm at 1st Congregational Ch.  
Wednesday Nite Senior Grp.(55 or over) 8pm at 1st. & Bannock-Anderson C.  
Thursday Morn.--10:30am at 1st. Congregational Ch.  
Thursday Nite--8pm (Al-Anon Intgrp.) 2nd Thurs. each mo.-1st Cong. Ch.  
Friday Nite--8pm at Anderson Center, 1st & Bannock.  
Friday Nite--8pm at Grapevine Club--Upstairs.  
No Alateen

AL-ANON FAMILY GROUP--P.O. BOX 2524, BOISE, IDAHO ---PHONE 344-1661

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PLEASE\*\*\*PLEASE\*\*\*PLEASE\*\*\*PLEASE-----

Would all the groups in each district send the name of their G.R.s and Sec. and their phone no., so the D.R.s can update the directory and also visit other groups in their districts. The D.R.s are all listed on the upper portion of this page. Thank you so much.

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PEACE OF MIND IS NOT HAVING TO KNOW WHAT IS GOING TO HAPPEN TOMORROW.

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3/22/79

FROM YOUR DELEGATE:

Well, as usual I have been on a merry-go-round that kept going faster and faster, but somehow, my Higher Power and I got through it. I still don't quite understand why He had to let me feel so miserable for a couple weeks, but maybe to let me know I wasn't infallible from catching all the bugs going around.

Anyway, I hope it's all behind me now, and it does seem things are getting better and better. I think my letter will be rather short this time, because I do want to put in the agenda for the World Service Office and also my schedule, so you will know it isn't all fun and games. It's a lot of hard work, but the inspiration and all the beautiful information we get is worth every minute of it. (Also all the beautiful friends you meet.)

I would like to get some feedback from the agenda if you have any ideas you would like me to present to the World Service Conference. I have asked this every year, and so far--nothing. But then the first year I didn't get any feedback from the floor when I gave my report, but last year it took me two hrs. to give what it took only 35 min. to give the year before.

Every group gets the Conference Summary during the summer after the Conference, and any group--or preferably several groups, (the price of gas) that would like for me to come and visit them, and discuss this summary, I will be very happy to do so.

It is so very important that your Group Representative get to the Spring Assembly in Idaho Falls. I hope all the groups are planning on paying the expenses of their G.R.. By this I mean hotel room and all. I think the time is fast coming when--if we don't pay our G.R.s expenses in full, we won't be able to find anyone to serve. And I think this goes for our state officers also. If we are going to be organized, then I think we should follow the suggested guidelines that the World Service Office has set down, and this is one of them.

Please remember, I am Your Delegate. I don't represent myself, but Idaho when I go back to New York, and also when I give my report at the Spring Assembly. This should go back to the groups through the G.R.s. That's why it is so important for them to attend the Spring Assembly every year. Also, if you want me to visit your group or your district, please write and preferably give me a choice of dates, as I can't always get away when I would like to, because unfortunately I do still do have to work, at least part time. Weekends are usually the best because my husband can travel with me since he doesn't work Sat. or Sun.

The participation of Al-Anon in the Pacific Regional in Sparks, Nevada, was really great, and I hope we can have reports from several who went. Idaho was well represented, and I received many good ideas which I hope we can put to work here in Idaho.

Remember, I love you all, and that I am Your Delegate. Tell me what you want me to do, please. For some reason or other, God didn't see fit to give me the gift to read minds. (ha)

See you in Idaho Falls in May--or before if you call and invite me to visit your group or district.

Much love in Al-Anon,  
Your delegate and trusted  
servant (always, I hope)  
Lodema

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WORLD SERVICE COMMITTEE MEETING

March 31st., 1979 \* 9:00 A.M., held in Lodema's home in Wendall, Idaho.  
retluck lunch. Lodema will furnish the meat. HOPE TO SEE YOU THERE !

1979 WORLD SERVICE CONFERENCE

List of Tentative Agenda Subjects

1. Alateen: "Al-Anon - A Continuation of Alateen Growth."
2. Institutions: "The Institutions Committee Takes the 4th Step and Uses all 12."
3. Literature: Panel Discussion of topics: "What makes you think you're different?" "Got any suggestions?" "Why CAL?" "You want it when?" "So what's new?"
4. Public Information: "Dont's and Do's in Cooperating With Outside Agencies."
5. FORUM - Our Goal: A FORUM subscription for every group and every member.
6. Town Hall meeting on SPONSORSHIP
7. Mini-Workshops on following topics:
  - a) Involvement For the Handicapped
  - b) Overcoming Prejudice Through Service
  - c) Turning People On To Service
  - d) How to Conduct Interesting Workshops
  - e) Responsibility of Area Delegate and Area Chairman
8. Approval of Annual Reports
9. Approval of Budget and Financial Reports
10. Report Back from the Handbook Committee
11. Policy Report and consideration of recommendations
12. Considerations and approval of Concept, By-Laws and Conference Charter revisions
13. Reports by Overseas Representatives
14. Report from Publication Francaises, P.F.A., Inc.
15. Report of AA's Regional Forums and consideration of implementing a similar program for Al-Anon
16. Two Open Discussion periods on topics originating from Green Light Session
17. Panel on "How Al-Anon Has Helped Me to Cope With Life's Changing Situations "
18. Report on Lois' autobiography
19. International Convention
20. Talks by Panel 17 Delegates on theme "Spiritual Growth Through Service."

19th WORLD SERVICE CONFERENCE \* AL-ANON FAMILY GROUPS  
THEME: "SPIRITUAL GROWTH THROUGH SERVICE"

Tentative Agenda - April 23-28, 1979

	<u>APRIL 23</u> MONDAY	<u>APRIL 24</u> TUESDAY	<u>APRIL 25</u> WEDNESDAY	<u>APRIL 26</u> THURSDAY	<u>APRIL 27</u> FRIDAY	<u>APRIL 28</u> SATURDAY
8:45 A.M.	REGISTRATION Hospitality Room Biltmore Hotel	1. Roll Call, etc. 2. Greetings-Lois 3. Announcement of Standing Committee Appointments	Roll Call, etc. Annual Reports & Archives Policy	Roll Call, etc. AREA HIGHLIGHTS Report-back Panel (9:15-10:15)	Roll Call, etc. DISCUSSION: (to 10:30) Changes in By-Laws Concepts & Charter	Roll Call, etc. Spiritual Meeting
10:45 to 11:00	TOUR OF THE WSO 1 Park Avenue 2nd Floor Coffee & Cookies will be served. (till 2 p.m.)	C O F F	E E	Question Period (10:15-10:45) B R	Report-Back on 5 Mini-Workshops E A K	
12:45 P.M.		Standing Committee Meetings	Pub. Francaise (11:00-11:15)  Sponsorship Town Hall (11:15-12:45) C	Mini-Workshops (11:00-12:45)  RT Luncheon H E	International (11:00-11:20)  Delegate Talks O N	
2:00		Alateen (2:00-3:15) Regional Forum (3:15-3:30)	Report-Back on S/C Meetings (2:00-3:00)  Delegate Talks	Public Information (2:00-3:15)  Delegate Talks	<u>ELECTIONS-RT</u> Canada East Canada West	Following lunch Board of Trust. Annual Meeting  "STEPPING STONES"
3:30 to 3:45		C O F F	E E	B R	E A K	
		Institutions (to 4:45) Overseas (4:45-5:45) Lois' Book (5:45-6:00)	The FORUM (to 4:45) Open Discussion (4:45-6:00)	Literature (to 4:45) Handbook (4:45-6:00)	Nominating Comm. Report (3:45-4:00) Open Discussion (4:00-5:15)  Delegate Talks	
6:00	OPENING DINNER Bowman Room Lobby Level	D I	N	N E	R	
3:00	1. Admissions Committee Recommendations. 2. Roll Call. 3. Welcome & Reading of Traditions-Stephanie. 4. Explanation of Green Light. 5. Green Light (1 round). 6. Red Light Session.	Board of Trustees Quarterly Meeting	Sharing AREA HIGHLIGHTS Meeting	FREE EVENING	Unfinished Business	

FROM: Area Treasurer, Idaho State Al-Anon

TO: Al-Anon Groups

SUBJECT: SUGGESTED CONTRIBUTIONS BY AL-ANON GROUPS

As a result of many inquiries the following suggested contributions are submitted as guide lines for your group operations:

<u>TO WHOM PAID</u>	<u>HOW MUCH</u>	<u>WHEN</u>
landlord	Half of collection but normally not over \$2.00	After each meeting
Intergroup Joanne J. [redacted] Boise, Ida. 83705	\$10.00 per group per month	2nd Thur of each month at 23rd & Woodlawn. 8:00PM
District III Treasurer Bev S. [redacted] Boise, Ida 83706	\$5.00 or more per Group per year	Annually (Spring preferred)
Delegate Fund John W. [redacted] Boise, Ida 83705	\$3.00 per person per year	Annually (October preferred)
Area Treasury John W. [redacted] Boise, Ida 83705	\$1.00 per person per year, or \$5.00 per Group, minimum	Semi-Annually (Fall & Spring)
World Service Office P.O. Box 182 Madison Square Station New York, N. Y. 10010	\$6.00 per person per year	March, July & November

It is recommended that a small fund be kept in reserve for Group Literature.

Remember, these are only suggestions. Support your Delegate, since she or he represents us all. We are self-supporting through our own contributions.

*First take care of basic group expenses (Rent - Coffee - Literature)*  
*60-30-10 Plan*  
Yours in Al-Anon  
*John W. W. [redacted] Area Treasurer*

John W. W. Area Treasurer  
Boise, Idaho 83705

*X 60% To Intergroup  
for telecon. - P.O. Box  
& P.O. Literature*

*X 30% To N. S. O. for  
helping lone members & groups in institutions  
& carrying the Al-Anon message*

*X 10% To the Area: To support Area Assemblies,  
Delegates expense & Area public information  
& institutional work.*

FROM YOUR LITERATURE CO-ORDINATOR:

January and February have been quite busy at the Literature Center. I have been on the go all the time, filling orders for the groups and then turning around and ordering from WSO.

Service is rather slow at this time from WSO because they are making preparations for the World Service Conference, so I do hope you will bare with me if I am sometimes out of some literature and have to make you wait for awhile.

I am receiving more orders for the hardback books. I think this is tremendous, because they all have such a wonderful message and that beautiful Al-Anon philosophy.

Sales for the months of Jan. & Feb. were \$765.40. Postage \$51.71.

If you will notice on the order blanks the Center can now afford to allow a 50¢ discount per book if 5 or more are purchased. Then the groups can maintain the listed price on resale.

The Public Information booklet "A PEBBLE IN THE POND" has been revised and I have it on hand. However the price is now 20¢. The Center will price all it's material the same as WSO.

Now as your Literature Co-Ordinator may I make a few suggestions.

Display all Conference-Approved pamphlets and books at meetings. Encourage the use of a variety of Conference-Approved sources for meeting ideas and programs. Have a meeting or so on the World Service Conference Summary. Encourage all Al-Anon members to know about Conference-Approved literature and to be familiar with current available material.

And I am always available for any help at any time.

Yours in Al-Anon,  
Kathy S

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NEW MEETING

Meridian has a new meeting of Al-Anon and AA. It is held on thurs. nite at 8pm at 1021 W. 8th St. in the Episcopal Church. Secretary is Deneice W. and the phone no. to call is Naomi. We have been meeting since the 1st of the month, we have 7 to 10 members. We have been discussing the 12 steps. It's a good meeting and we have refreshments and a friendly get together with the AAs after the meeting. Works out really well and enjoyable.

Sec. Deneice

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The Pacific Region Service Assembly, held March 9 thru 11, 1979 at Sparks, Nev. was attended by Beverly S., Carrol U., Melba M., Pat W., Joanne J., and John W. It was a well organized and a splendid learning experience.

Lodema S. (our Delegate) was on the panel "Spiritual Growth Thru Service". Bob S. (our Alt. Delegate) was on the panel "Our Three Legacies". John W. (Area Treasurer) was on the panel "Our Common Welfare".

Your Idaho Al-Anons represented you well according to the remarks from those attending. The featured speaker for the evening banquet was Blanche D. from Odessa, Texas. You may remember her article in the Jan. 79 Forum. This is a very inspiring magazine issued by Al-Anon. If you are not a subscriber now is the time to send in your \$5.00 for some beautiful articles.

John W., D.R. District 3.

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"Do you 'soft soap' the program? DUZ you DREFT with the TIDE? If you want JOY, the TREND is to BREEZE along to meetings. Too many WOODBURY their heads in books, polish the kitchen SPIC-N-SPAN or watch TV SPARKLE.

If ther's a drinking problem in your home, you'd better WISK out and DASH like a COMET to a meeting. Share with ALL your PRAISE for Al-Anon's help.

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PLEASE DON'T FORGET TO SEND ANY NEWS IN TO THE NEWSLETTER. THE NEXT ONE WILL BE OUT THE FIRST OF JUNE. WOULD APPRECIATE YOUR CO-OPERATION!

Your Editor, Deneice