
IDAHO AL-ANON NEWSLETTER

1st YEAR

MARCH 20, 1980

2nd ISSUE

Newsletter by and for Idaho Al-Anon Family Groups

\$2:00 per year----4 copies per year

EDITOR: Deneice W --CO-EDITOR: Bev. P

Meridian, Idaho 83642

Phone----

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ALATEEN-----	
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DIST. #6--Carla W	Idaho Falls, Ida. 83401

NEW MEETINGS

Noon meeting Monday the 24th of March at St. Pauls Lutheran Church
401 N. 14th St.

There is a new meeting for Al-Anon, ~~Proteen~~, and Alateen. This is held every Saturday morning at 10:30 a.m. at the Grapevine Club. The Alateen and Alateen includes ages 6 to 20 and is divided into two groups. Sponsors are Mavis and Janet. So, mothers this is a perfect opportunity for you and your children to get some therapy and insight into your lives. Alcoholism is so confusing and this is the place to clear up those doubts and fears so we can get on living our lives in a normal and calm manner. Try it, I know what it has done for me! It has given me a way to anew life. Just being able to cope "One day at a time". Its a beautiful program, so let it work in your lives.

Love in Al-Anon Deneice

The ~~Proteen~~ meeting has had 6 members and Alateen 7. The Al-Anon group meeting at the same time needs more support.

AREA SPRING ASSEMBLY

Of special interest to every one will be the Al-Anon speaker at the Area Spring Assembly May 2-4. The committee is planning a luncheon Sat. May 3rd, at which Audrey S from Waterloo, Iowa, will be the speaker. Audrey is the Northwest Region Trustee for Al-Anon. There will be limited seating and the cost of the luncheon will not be included in the registration fee. The lunch will cost \$4.50. It will cost \$5.00 registration fee for just attending the meetings and workshops if you do not want to attend all of the assembly. Volunteers are needed for the assembly. Please bring cookies for the hospitality room.

Notes from Your Delegate:

Such a busy two months. New York/Office, of course, started bombarding us with correspondence shortly after the first of the year.

Since I am on the Literature Committee, I had the manuscript to read over and make any changes I thought were necessary on "Living with an Alcoholic". Now I have "Operation Alateen" to look over and read before the middle of the month.

I do have a profession I practice occasionally and it seems the past two months have been really hectic for that, too. I spent three days in Salmon. Since their meeting is in the daytime and I was working, I was unable to attend. Alta, whom a lot of you know, tried to get a few to come out to my motel, but when she couldn't she brought along a thermos of coffee and the two of us had a meeting. It was good to see her again. It snowed and snowed and snowed while I was up there!

The next week I spent in Idaho Falls, and was able to attend the meeting in Rexburg Tuesday night, and the meeting in Idaho Falls on Wednesday night. I really enjoyed that, as my husband and I had had some kind of bug the first part of the month of Feb. and I had not been to a meeting since Jan. I left Idaho Falls in a wet blinding blizzard, but got out of it before I reached Pocatello.

I also do a few farmer's tax returns, and had to get those out so we could leave for California on the 28th. Didn't get home until 6 P.M. the 27th, washing to do - well, you all know how that goes, but we made it.

I really think I enjoyed this Pacific Regional more than any I have attended. The first one in Seattle I didn't know what it was all about. That was in March before I went to New York in April. In Hawaii I was sick part of the time and missed some of it. Then in Sparks last year, I left home with a terrible cold, but managed to dry it up before the assembly began. But this year I felt super, and maybe getting my part of it over with Friday night had a bit to do with my enjoying it. (ha) Because I really did. Hopefully with the help of some who were there from Idaho we can give you a report of it.

I have three speaking engagements to prepare in the next month. (Al-Anon, of course).

I almost forgot to tell you the best of all, but I think probably a lot of you already know. Audrey S., our Northwest Regional Trustee will be with us at our Assembly in May in Boise. I just know you will all love her as I do.

I have so many things I would like to share with you, but there just isn't room in a newsletter. Several things I would like to discuss with you before I go to New York. If you don't invite me to a meeting, perhaps I can send out a letter to your District Representative and she or he can discuss it with you, because I would very much like to have some input on some of the questions that will be coming up. I think our theme is a good one "Group Conscience at Work". It does cover so many areas.

Less than ten months and my tenure of Service as your Delegate will be over. I have enjoyed every minute of it - the good and the bad. Just hope you won't put me out to pasture, but let me do some little bit in service. I don't pretend to know everything. I learn something new every day, but the one thing I have learned as your delegate is that there is so much love in Al-Anon, even if we don't see each other often.

It was so good to see Linda, our Literature Secretary from New York World Service Office down in California.

Much love in Al-Anon to you all, and see you soon.

In your service,
Lodema

These are the people who have paid for their subscription to the Al-Anon Newsletter thru 1980. Please note if your name is not listed I will send you one more Newsletter and if you do not send the \$2.00 for the subscription you will not receive another one. The Newsletter costs about \$25.00 every time it is printed and I have not had enough money to put it out. If everyone got their money in I think it would take care of the printing costs. This could be such a good thing if we would just take advantage of it. It could bring all of Idaho closer and help all the groups be closer but it is only what we as Al-Anon members make it. So it is up to YOU!!! Come on let's all pitch in and pull together. Thanks to Intergroup Study Group for the donation to the Newsletter.

Love,
Newsletter editor
Deneice

Lodema K. S.
Uffa M
Robert S
John W
Kathy S
Sunday Serenity A.F.G.
Pat W
Beth D
Doris F (Caldwell A.F.G.)
Virgil B
Wednesday Nite A.F.G.
Doris F
Bill A
Ruby S
Phyllis M
Monday Nite A.F.G.
Erma C (Thrus. Morn. A.F.G.)
Joanna J
Jean S
Maggie L, H

Tuesday Nite A.F.G.
Friday Nite A.F.G.
Al-Anon Intergroup
Jan H
Onieda County Hosp. A.F.G.
Mrs. Wendell A
North Side A.F.G. (Wendell)
Joyce K
Bette B
Maxine S
Rigby A.F.G.
Vidy F
St. Anthony A.F.G.
Jane O
Idaho Falls, Friday Nite A.F.G.
Alta C
Beverly S
Irene E
Violet C
Ladora L. F

The Ministry of Music
Presented in the name and spirit
of Jesus Christ
by

Owen A

"One night I dreamed I was walking along the beach with the Lord. Many scenes from my life flashed across the sky. In each scene I noticed footprints in the sand. Sometimes there were two sets of footprints, other times there was only one.

This bothered me because I noticed that during the low periods of my life when I was suffering from anguish, sorrow or defeat, I could see only one set of footprints.

I said to the Lord, you promised me, Lord that if I followed you, you would walk with me always. But I have noticed that during the most trying periods of my life there has been only one set of footprints in the sand.

Why, when I have needed you most, have you not been there for me? The Lord replied, the times when you have seen only one set of footprints, my child, is when I carried you."

AL-ATEEN

The open meeting sponsored by Boise Al-Anon Family Groups and Boise Al-Ateen on January 17, was well attended. The film "Alcoholism and the Family" by Father M was shown.

We wish to thank all who helped make the meeting a success with

with special thanks to Candy S., Cindy and Mike, Harold M., Andrea, Brenda, Dana, Melody and Kathy with the literature.

Margaret and Virgil
Al-Ateen Sponsors

Al-Anon would like to thank both Margaret and Virgil for the great job they did sponsoring the Al-Ateen group. They were not only at all the meetings they also picked kids up for the meetings and took them home again. Thanks again to the both of you.

ALATEEN SPONSORS MAY WISH TO NOTE:

The new pamphlet "UNDERstanding Ourselves and Alcoholism" is recommended reading for Alateens. The explanation of the disease of alcoholism is taken from the Alateen book. Also, "Living With Sobriety: Another Beginning" has many stories written by Alateens.

NEW LOOK IN LITERATURE:

"Freedom From Despair" and "Al-Anon is for Men" are out now in new colors. "How Can I Help My Children"? has been revised.

DO YOU DISPLAY YOUR LITERATURE AT MEETINGS?

An attractive display of the Al-Anon literature at meetings is a good way to encourage newcomers to read the literature, also it reminds the members that have been in the fellowship longer to reread the pamphlets and books. The newcomers especially need literature, and this is an important part of our fellowship to pass on the message of the program. When literature is kept out of sight in a drawer or box you may be doing an injustice to some one in need. Use literature often as meeting topics, so everyone becomes acquainted that our literature reveals and explains Al-Anon in its true light as a spiritual force at work on a world-wide problem.

HAVE YOU READ AND STUDIED THE SERVICE MANUALS LATELY?

This fall we will be electing new officers at the group, district and area level. If you are in service or interested in becoming involved in service, I would suggest reading the manuals. Duties of these offices are explained clearly. Also, you can bone up on the election procedures.

Literature Coordinator,
Kathy S

STATE AL-ANON LITERATURE CENTER--

--Boise, Ida. 83702

Total orders filled	Jan.	Feb.
	29	37
Mail orders filled	17	23
Total sales	\$473.70	\$636.15
Supplies & postage	\$41.30	\$42.94

I wish to thank the groups that send extra money for postage, it really helps. Please, don't order tomorrow and expect to get it YESTERDAY

Caldwell Wednesday Night Al-Anon meets at 8:00 p.m. now rather than 8:30. We recently placed a copy of "Living With an Alcoholic" in the public library. Thanks for the Newsletter.

Doris F , Sec.

The Rigby Al-Anon Family Group has been actively involved in P.I. work. We donated copies of "The Dilemma of the Alcoholic Marriage" and "Living With an Alcoholic" to three area public librarys also "Al-Ateen Hope for Children of Alcoholics" to three school librarys.

We have met with the Rigby A.A. on two separate occasions to view Father M. films. First the film "Family" and 2nd "Guidelines"

We also wish to take this opportunity to wish all other State Al-Anons a growing and serene new year.

Yours truly
Arene B. Sec. Rigby

It has been suggested that the groups especially those members involved in service read the World Service Handbook.

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