

IDAHO AL-ANON NEWSLETTER

9th year

March 20, 1981

2nd issue

Newsletter by and for Idaho Al-Anon Family Groups
\$3.00 per year, due January 1st
Published-Jan., March, May, July, Sept., and Nov.
Editor: Beverly P

Boise, ID 83704

YOUR AREA WORLD SERVICE COMMITTEE:

DELEGATE.....Kathy S	Boise, ID 83702
ALTERNATE.....Colleen S	Inkom, ID 83245
CHAIRMAN.....Susan T	Twin Falls, ID 83301
SECRETARY.....Ladora H	Boise, ID 83709
TREASURER.....Jean S	Boise, ID 83705
ALATEEN.....Beth D	Idaho Falls, ID 83401
PUBLIC INFO...John W	Boise, ID 83705
INSTITUTIONS..Kay S	Boise, ID 83704
LITERATURE....Lodema S	Wendell, ID 83355
NEWSLETTER....Beverly P	Boise, ID 83704

DIST. #1.....no information	
DIST. #2....."	"
DIST. #3.....Jean S	Boise, ID 83705
DIST. #4.....Susan T	Twin Falls, ID 83301
DIST. #5.....Dorene F	Aberdeen, ID 83210
DIST. #6.....Jillette G	Idaho Falls, ID 83401

FROM THE DELEGATE:

The Theme: AL-ANON TAKES IT'S INVENTORY

What I heard about at the Pacific Regional Alcoholics Anonymous Service Assembly

I. GROUP RESPONSIBILITIES:

- a. Stress Sponsorship
- b. Stick to the Basics
- c. Use Only Conference Approved Literature(CAL) at Meetings
- d. Use the Twelve Steps for Members Recovery
- e. Use the Twelve Traditions for Group Unity.

II. CARRYING THE MESSAGE:

- a. Through Public Information
- b. To the Newcomer
- c. Through the Al-Anon Newsletters
- d. Communicate With Rural Groups.

III:PERSONAL COMMITMENT TO SERVICE:

- a. There are NO Musts in Al-Anon
- b. I am Responsible
- c. Twelve Step Work
- d. Attraction Rather Than Promotion
- e. How to Get Members Into Service

IV. ALATEEN:

- a. Alateen Coordinators
- b. Service and Twelve Step Work in Alateen
- c. Sticking to the Topic in Meetings
- d. Two-Way Communication Between Alateen and Al-Anon

continued....

V. HOW IT WORKS:

- a. Responsibilities of the Groups
- b. In Intergroup
- c. In Assembly
- d. Service at the Group Level

VI. TURNING PEOPLE ON TO SERVICE:

- a. Fear of Making a Fool of Ones Self
- b. Rewards From the Program
- c. Encouraging others to Service.

There is no way that I can put down on paper, the good feeling I came home with. There is so much sharing and caring at these Assemblies. There were Past Delegates who shared there feelings and experiences at the World Service Conferences, and the now Delegates who I will be seeing again in New York. Every one was so friendly I know I won't feel out of place at all in the Big City.

I took reams of notes and have finally got them down to a fairly sensible report. I'd be more than Happy to share with you.

Time is passing so quickly and I'll be off to the World Service Conference before you know it. Remember I'm representing YOU and YOUR GROUP, if you have something you would like to have discussed, now is the time to let me know about it.

Yours in Al-Anon,
Kathy S.

AL-ANON LITERATURE CENTER

Sales for January	\$ 949.25	Postage & Supplies	\$71.55
Sales for February	1136.83	"	65.83

The "NEW" book, AL-ANON'S TWELVE STEPS AND TWELVE TRADITIONS is out. It is selling fast and we are having a bit of a problem keeping up with some orders, but have PATIENCE we will have them for every one. They are priced for \$5.00.

Kathy S. has resigned from the Literature Center. The Center will be closed from March 28 to April 23 to find a new center. There is a literature committee working for "YOU". If you have any suggestions please give them to your Intergroup Representative or Group Representative who will pass the information to the committee. John W. and Lou K. are on the committee to find and start the new Center. Fran is chairman for volunteers to work in the Literature Center. If you can help please call Fran at . To start with the Center will be open Tuesday and Thursday evenings from 5 to 7.

Lots of thanks and appreciation to Kathy for the Literature Center that she gave us. Her time and space allowed us to have much needed information and literature. We individually need to show our gratitude to Kathy.
THANK YOU KATHY!!!!

DID YOU TELL your Doctor? - Lawyer? - Dentist? - Pharmacist?

The next time you see your professional man, share with him/her about the Family Disease of Alcoholism and the affects of Alcohol in your family. (Affects: 1. to bring about a change in. 2. to touch the emotions of.)

God's love is like a blanket of snow. It covers all. It is white and pure. It keeps everything underneath protected. It is beautiful.

DO YOU JUST LISTEN---or---DO YOU REALLY HEAR.

CALENDAR OF EVENTS

AL-ANON MINI-CONFERENCE-----SATURDAY APRIL 11-----DAILY AFFAIR
 Rexburg VFW Building, 5th West & 3rd North, 9:45 a.m. to 4:30 p.m.
 UNITY THRU PARTICIPATION
 Expressing Love, Accepting Ourselves, Ask it Basket, Group Inventory
 FILM-----HOT LUNCH AVAILABLE-----RAFFLE

POTLUCK-DANCE-----KUNA COMMUNITY HALL-----APRIL 11, 1981
 Potluck 6.30p.m.-----Dance from 9p.m. to 1a.m.
 Donation: \$2.00 single, \$5.00 couple, \$7.50 family
 COME ONE COME ALL HAVE A BALL

THE WORLD SERVICE CONFERENCE IS APRIL 27 - MAY 2 AT THE BILTMORE HOTEL
 THEME: BUILDING WITH CONCEPTS. 43 & Madison, New York, NY 10017

SPRING ASSEMBLY-----MAY 15, 16, and 17-----WESTBANK MOTEL-----IDAHO FALLS
 See attached flyer. Committee Host Chairperson, Jillette G
 Committee Host Secretary, Carla; Program Chairperson, Adda; Publicity
 Chairperson, Barbara; Literature and Display Chairperson, Jane; Hospi-
 tality Committee, Rigby and Rexburg Groups. Please contact these chair-
 persons to see in what ways you may help them, and please plan to attend
 the SPRING ASSEMBLY!!!!

REPORT: Beth D Alateen Coordintor

The Institution Group at the Youth Training Center in St. Anthony is still going. Our thanks to Vicki G. of Rexburg for her continuous support and interest. Also the new ones finding interest and giving Vicki a deserved rest and time to share with her new baby to be.

It is time for others to share and grow. The staff of the Center has given permission after orientation with members of other groups in the district to divide the responsibility around. St. Anthony, Rexburg, Rigby and Idaho Falls will each take a Thursday night of each month to sponsor and support this group. The months with five weeks will be cared for by the St. Anthony group. There is a lot to be said for Service and Unity--Thanks to all these groups.

St. Anthony is keeping busy. They have started a regular Alateen group in town. I have news of Shshone starting a group also. How's it going there Kuna?

Please print your groups name and mailing addresses in the Newsletter. I need your addresses to send messages from World Service or share from other states, etc.

There is so much love and growth to be found through our youth---young adults.

It was my pleasure to share with the Alateens in Anchorage, Alaska on Sat. Feb. 28th at the Pacific Regional. The love, trust and unity between Al-Anon and Alateens was of supreme quality. Alateens chaired a panel on Saturday with complete poise and confidence. They were on equal ground and so mature, a pleasure to share with.

A word of suggestion from them was---"They attend Al-Anon meetings to learn, to Select Their Own Sponsors with love from understanding both programs. "Good idea!!! They participate in both programs chairing meetings, work side by side on money making projects and share. I am full

I am full of excitement and am looking forward to the same participation from our programs in Idaho. It's worth having. Don't sit on your duffs

continued....

you "young adults"--it's your program to share with us, go after it and us.

We, Alateens and Al-Anons are in these programs for one reason and common bond--the life we have had or are having from a loved ones drinking problem. This puts us all on the same level of program; we are all one.

Idaho Falls Alateens are busy working on the Spring Assembly.

See you there to share.

Love in Al-Anon
Beth D.

NEWS FROM - DISTRICT "3" ALATEENS

CHILDREN OF AL-ANONS AND ALCHOLICS - THERE IS HELP

Do you have a parent, close friend or relative with a drinking problem?

Do you feel you got a rotten break in life?

Do you hate one or both of your parents?

Do you lose your temper a lot?

If you answered yes to some of these questions, Alateen may help you. There are Alateen meetings in: Boise, Emmett, Kuna and Payette. Consult your Al-Anon-Alateen schedule for the time and place.

Kuna Alateens gave support to Emmett Alateens by attending their meeting. It feels good to share our experience, strength and hope. Any group can get a car load together and visit another group. It not only helps both groups in growth but it is fun.

Your District "3" Alateen Coordinator visited Kuna and Boise Alateen meetings and found a delight in our young people and their insight. I will be visiting Emmett and Payette Alateens next month.

Thanks to those who are caring enough to be an Alateen Sponsor now. YOU are G R E A T !

There are plans for an Alateen Sponsor Workshop this spring. An Alateen Sponsor could be Y O U. If you are interested, call me -

District "3" Alateen Coordinator
Lou K.

DIST. III-AL-ANON/ALATEEN MEETINGS

BOISE.....Sunday--8PM--Grapevine Club, 1518 Fort St.

Monday--12 noon--St. Paul's Lutheran Ch., 401 N. 14th St.

8PM--First Congregational Ch., 23rd & Woodlawn St.

8PM--Grapevine Club, 1518 Fort St.

Tuesday--12 noon--1st United Presbyterian Ch., 9th & State St.

8PM--Grapevine Club, 1518 Fort St.

Wednesday--8PM--First Congregational Ch., 23rd & Woodlawn St.

Thursday--10AM--First Congregational Ch., 23rd & Woodlawn St.

8PM--Open Podium Meeting, Ada County Council on Alcohol, Arcade Bldg., 1615 State St.

continued...

Friday--8PM--Anderson Center, 1st & Bannock St

8PM--Grapevine Club, 1518 Fort St.

8PM--Health & Welfare Building, 600 N. Curtis Rd.

CALDWELL.....Wednesday--8PM--Kaley Medical Center, 10th & Logan St.

EAGLE.....Friday--8PM--Catholic Parish Hall, 292 N. 1st St.

EMMETT.....Monday--8PM--Walter Knox Memorial Hospital, 1202 E. Locust

KUNA.....Monday--8PM--Senior Citizen Hall

MERIDIAN.....Monday--8PM--Wheel-In Mobile Manor Rec. Hall, 700 E. Fairview

Thursday--8PM--Old Roxie Theatre Building Behind Western Auto
on Idaho St.

McCALL.....Friday--8PM--Congregational Ch., 1st & Park Streets

MOUNTAIN HOME....Monday--8PM--Episcopal Ch.

NAMPA.....Monday--8PM--Mercy Medical Center

NYSSA.....Friday--8PM--St. Paul's Episcopal Ch., 5th & Bower St.

PAYETTE.....Tuesday--8:30PM--Episcopal Ch., 110 N. 10th St.

Thursday--7:30PM--Episcopal Ch., 110 N. 10th St.

ALATEEN MEETINGS

BOISE.....Monday--8PM--1st Congregational Ch., 23rd & Woodlawn St.

EMMETT.....Friday--8PM--222 Erickson Ave.

KUNA.....Monday--8PM--United Methodist Ch., 3rd & Franklin Streets

PAYETTE.....Monday--7PM--536 N. 7th St.

For any information write:

AL-Anon Family Groups

P.O. Box 2524

Boise, ID 83701 or call 344-1661 Mon. - Fri. 8AM - 11PM

AREA NEWS

Area World Service Committee met at the Chuckwagon in Twin Falls on Feb. 14th to discuss the up coming Assembly, get acquainted and submit proposed 1981 budget for Delegate and Area expenses. W.S.C. is comprised of the Delegate, Alternate Delegate, Secretary, Treasurer, Coordinators, which are Newsletter, Institutions, Literature and Alateen. All group officers are invited to attend these meetings which are held twice a year. District Representatives will be receiving budget information for distribution to their Group Rep.

Discussion was held on ways to stir up interest in District meeting attendance. Workshops on service was suggested.

Area Secretary
Ladora H.

DISTRICT III

March 14th, a meeting was held at Mountain Home in the Episcopal Ch. There were Al-Anons from Mountain Home, McCall and the Boise area attending. Potluck was enjoyed by both Al-Anons and AA members attending their district meeting. A report was given by our Delegate Kathy on her trip to Anchorage, Alaska to the 14th Annual Pacific Region AA Service Assembly.

Jean S. District #3 Representative talked about a new contribution list that will be coming out in the near future. Jean also resigned so there will be election for an new DR at the next district meeting.

District III could use some funds. So Please Groups send in whatever your group can afford. Send all contributions to: District III A.F.G., P.O. box 2524, Boise, ID 83704.

Thank you,
Irene E. Sec./Treas.

GROUP NEWS

St. Anthony Family Al-Anon Group meets on Thursday nights at 8:00p.m. at the City Building in St. Anthony. Members of the St. Anthony Group are getting into being Sponsors for Alateen Groups at the YSC Center in St. Anthony. We are also very proud of the fact that we have been able to get an Alateen program sponsored for the children in St. Anthony and we feel that the sponsors are doing a beautiful job with the children. The Alateen Group meets at 8:00 p.m. at the City Building in St. Anthonys on Thursday Nights.
Babara K.

The McCall Al-Anon Group meets each Friday night at 8:00 in the Congregational Church at 1st and Park St. We invite all Al-Anon members to join us when they are visiting in McCall.

There is an open A.A. meeting each Tuesday at 8:00 p.m. at the same location that you are invited to attend if that is a better night for you.

Sincerely,
Joyce K.

Helpful Monday A.F.G. meets at the Grapevine Club. Topic material has Been a study of the Twelve Traditions, which we have just completed. Average attendance is 8 but 3 are only group members. Would appreciate a few more making this your home group.

Ladora H. G.R.

Tuesday Noon A.F.G. meets at 9th and State in the Presbyterian Ch. Bring your lunch. Average attendance has been maintained at 5 persons. We are having meetings using CAL literature. We need a secretary and GR which is open to someone interested in service.

Ladora
chairperson

Boise Intergroup held their meeting March 12. There were 77 calls for the answering service the first month and 68 the second month. John W. was asked to look for a new literature Center. The Podium Meeting is doing very well and they need a secretary..



WEDNESDAY NIGHT AL-ANON meets at 8:00 p.m. in the basement of the First Congregational Church, 23rd and Woodlawn, Boise, Idaho. We are a large (20 to 40 members) and supportive group with as much warmth and hugs, smiles and tears as my teddy bear who went with me to girl scout camp, worn and well loved. Wednesday night Al-Anon replaced that bear and did much more for me. The energy given to newcomers or an "old-timer" in need is beautiful and seems to last better than an old bear during the week. (It also helps take the "old bear" out of me!) Thank you to Wednesday Night Al-Anon and a very warm, fuzzy invitation to newcomers and visitors!
Barbara H., Secretary

A. A. Takes It's Inventory At The Idaho Area Spring Assembly

May 15th, 16th & 17th

Welcome A. A., Al-anon, Alateen

Location:

Westbank Motel

Idaho Falls

Registration Friday May 15th at 2:00 P.M.

Business Meeting Saturday 16th From 1:00 to 3:00 P.M.

Alkathons

Panels

Banquets

Meetings

Caring

Sharing



MAIL REGISTRATION TO BOX 2054, IDAHO FALLS, IDAHO 83401

Pre-registration W/Banquet, Breakfast & Dance \$18.00

Registration After April 15th or at the door \$20.00

Registration and Dance only \$6.00

Name _____

Address _____

Office Held _____

Westbank	Single	Double
Motel	\$16.00	\$18.00
Pool Area	\$21.00	\$23.00
Towers	\$28.00	\$30.00

Do you want on Panels Yes No

To qualify for room rates make reservations no later than May 1st

Notify motel that reservations are for A.A. to receive above rates

For accomodations in private homes, call Woody W. at

POSTAGE WILL BE PAID BY ADDRESSEE
NO POSTAGE
NECESSARY
IF MAILED
IN THE
UNITED STATES

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Boise, Idaho
83702

Patricia



Boise, Idaho
83704