

IDAHO AREA 13 AL-ANON ALATEEN NEWSLETTER FOR PROFESSIONALS

ISSUE 3

JULY 2018

What YOU can do to help spread the word about Al-Anon and Alateen

One of the questions that professionals have been asking us is "What can I do to help spread the word about Al-Anon and Alateen?" Here are some suggestions:

Understand the differences and similarities among Al-Anon, Alateen, and Alcoholics Anonymous. [Al-Anon](#) is for the family and friends of alcoholics. [Alateen](#) is part of Al-Anon and is designed for younger family members of alcoholics. [Alcoholics Anonymous \(AA\)](#) is for the alcoholics themselves.

Think about some ways you can help spread the word. On the next page is an article about how one member's action has resulted in over a thousand people thus far hearing about Al-Anon. Take the time to read that article and think about

places and people we can connect with to help spread the message. Also, you don't have to touch a thousand people's lives as every life that is touched can be forever changed.

Get educated about Al-Anon and Alateen. We would gladly mail you an information packet about these two programs. Please send your name and mailing address to us at area13newsletter@gmail.com.

Tell us what resources would be helpful to you. We are always looking for ideas as to what to put in this newsletter so your insights would be much appreciated. Let us know if you have any questions or comments. We are reaching out to you and would like you too let us know how we can work together.
Thank you so much for your help!

The impact of ONE Member!

In the spring of this year, a member of the District 3 Al-Anon fellowship contacted Jane F, who is the Public Outreach Coordinator for District 3. The member suggested that Al-Anon have a table at an opioid awareness event being held in Meridian. Jane reached out to the organizers of the event and Al-Anon had a presence at the event. But the impact of the member reaching out had only just begun.

At the event, a contact was made with the Ada County Drug Court. They asked if Al-Anon could provide speakers at their monthly drug court family weekend. We agreed and have found members of our fellowship to help with this act of service.

Also, Jane met with the Ada County Coroner, Dotti Owens, who helped make the opioid awareness event happen. As a result of that meeting, Al-Anon and Alateen will now be providing materials for the resource packet that is given to the loved ones of those deaths where the Ada County Coroner is called in.

Dotti Owens provided additional contact information for Public Outreach. She connected us with the Mayor of Meridian who then put us in touch with the city officials working on substance abuse issues.

Other contacts made as a result of that meeting include with a government entity that does programs
(continued on page 2, column 3)

New Outreach Opportunity for Professionals

To increase awareness of Al-Anon Family Groups, the World Service Office would like to reach out to Al-Anon-friendly professionals who would be willing to write articles and/or participate in on-camera interviews. Click on the following link for more details: [Professional Resources Survey](#).

Thank you for your assistance with this project.

[CLICK HERE](#) to access the Al-Anon Family Groups channel on YouTube.

Need a new meeting?

Do you know of a group, community, or other organization that would want an Al-Anon or Alateen meeting? A meeting can be open (such as for a community) or closed (such as for a treatment center). If you're interested or have questions, please feel free to send us an email at area13newsletter@gmail.com.

Interested in Alateen?

Alateen is part of Al-Anon and is designed for younger family members of alcoholics. [CLICK HERE](#) for more information on Alateen. [CLICK HERE](#) for a video with teenagers talking about how Alateen has helped them.

Do you know...

what percentage of Al-Anon members attended their first meeting as a result of a referral from a professional? [CLICK HERE](#) for that answer and other helpful information.

The impact of ONE Member (cont)

such as combating drunk driving. Also, that meeting led to connecting with the Association of Idaho Cities (AIC). We were able to provide them with Al-Anon bookmarks that were put in the 450 attendee packets for their recent conference. Also, the AIC had copies of the *Al-Anon Faces Alcoholism* magazine at their conference registration table.

[CLICK HERE](#) to access the Area 13 website to download meeting schedules for any or all of the seven districts in Idaho Area 13

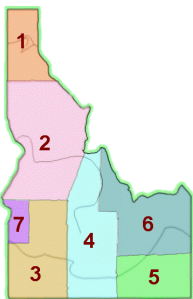
Check out Al-Anon on Twitter at http://twitter.com/AlAnon_WSO

Check out Alateen on Twitter at https://twitter.com/Alateen_WSO

So to this point as a result of this member of our District 3 fellowship reaching out to our District 3 Public Outreach Coordinator, over a thousand people have received information about Al-Anon. That impact will be even bigger with the resource package provided to the Ada County Coroner as well as with the other contacts we made as a result of this member's action. Do you have an idea or ideas as to how the Al-Anon message can be spread? If so, please email us at idahodistrict3outreach@gmail.com.

Idaho Area 13 Map

Al-Anon meetings are held in seven districts across Idaho and include a few communities in states that border Idaho. These seven districts make up Idaho Area 13 which is one of many areas that make up the Al-Anon WSO (World Service Office). For more information, visit <https://al-anon.org/>



- District 1 - Northern Idaho** including Bonners Ferry, Clark Fork, Coeur d'Alene, Hayden Lake, Kellogg, Osburn, Post Falls, Sandpoint, St. Maries
- District 2 - Central northern Idaho** including Clarkston (WA), Cottonwood, Craigmont, Grangeville, Kamiah, Kendrick, Lenore, Lewiston, Moscow, Orofino, Pullman (WA), Riggins, and Weippe

- District 3 - Midwestern Idaho** including Boise, Eagle, Emmett, Garden Valley, Kuna, McCall, Meridian, Mountain Home
- District 4 - Central Idaho** including Bellevue, Buhl, Burley, Filer, Gooding, Hailey, Jerome, Ketchum, Rupert, Shoshone, Sun Valley, Twin Falls
- District 5 - Southeastern Idaho** including Afton (Wyoming), American Falls, Chubbuck, Malad, Pocatello, Preston, Soda Springs
- District 6 - Mideastern Idaho** including Arco, Ashton, Blackfoot, Challis, Driggs, Dubois, Idaho Falls, Mackey, Rigby, Salmon, St. Anthony, Teton
- District 7 - Western Idaho** including Caldwell, Homedale, Middleton, Midvale, Nampa, Nyssa, Ontario (Oregon), Payette, Weiser

Remember that every life touched is a life that is forever changed.

Face-to-face meetings

[CLICK HERE](#) to visit the Find a Meeting feature on the Al-Anon Alateen World Service Office (WSO) website.

Because we could all use a little blank space...

Electronic meetings

[CLICK HERE](#) to access the list of Al-Anon electronic meetings (such as phone, chat, Skype, email, discussion boards, etc)

The Idaho Area 13 Al-Anon Alateen Newsletter for Professionals is designed to provide information regarding Al-Anon and Alateen for interested individuals and organizations. If you have feedback regarding this newsletter, please send your comments to area13newsletter@gmail.com. Please feel free to share this newsletter with others who would be interested. To receive this FREE monthly newsletter, please send an email to area13newsletter@gmail.com. Thank you.