

Al-Anon Idaho Area 13 Newsletter

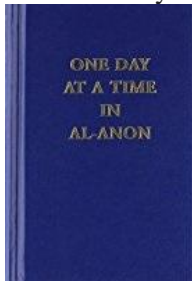
Issue 12

June 2018

The Three Daily Readers

In order to help those who are members of Al-Anon as well as individuals interested in learning more about Al-Anon, the Al-Anon World Service Organization has published three daily readers. These readers include a short daily reading on a variety of Al-Anon related topics. Also, a subject index is included in the back of each reader for those who want to look at a specific topic.

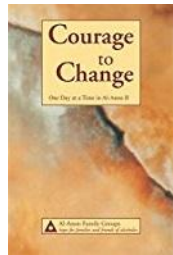
Here is some information on each of the three daily readers:



Al-Anon's first daily reader, *One Day at a Time in Al-Anon* was published in 1968. This book has stood the test of time as it's been available for 50

years.

The second Al-Anon daily reader came out nearly 25 years later in 1992, *Courage to Change* was pub



of *Courage to Change*, WSO released their third daily reader. *Hope for Today* rounds out the trio of daily readers available to those wanting to make recovery a daily habit.

If you're interested in purchasing any of these or other Al-Anon and Alateen materials, you can do so through our Idaho Area 13 Al-Anon Alateen Literature Center. Call the Lit Center at 208-344-1661 or email al.anon.idaho@gmail.com and we will send you an order form ASAP!

shed giving readers a second daily reader option. But the World Service Organization did not stop there.

In 2007, 15 years after the publication



Thank you to all who made the 2018 Spring Assembly in Coeur d'Alene such a success!

Attention Groups!

[CLICK HERE](#) to register your new group or to update information for an existing group.

[CLICK HERE](#) to access the Area 13 website to download meeting schedules for any or all of the seven districts in Idaho Area 13.

Remember that when you and your groups purchase books and pamphlets from the Literature Center, you are supporting Al-Anon and Alateen in Idaho!

Anonymity

Anonymity is a foundational principle of Al-Anon and Alateen. **[CLICK HERE](#)** to hear a podcast where members talk about anonymity.

[CLICK HERE](#) to see a timeline of Al-Anon's rich history including how the program is connected to Alcoholics Anonymous (AA).

Find a meeting

[CLICK HERE](#) to visit the Find a Meeting feature on the Al-Anon Alateen World Service Office (WSO) website.

[CLICK HERE](#) to access the list of Al-Anon electronic meetings (such as phone, chat, Skype, email, discussion boards, etc)

[CLICK HERE](#) for the Al-Anon Family Groups YouTube channel.

Al-Anon on social media
[Facebook](#), [Twitter](#), and [Instagram](#)

Confused?

[Al-Anon](#) is for the family and friends of alcoholics.

[Alcoholics Anonymous \(AA\)](#) is for the alcoholics themselves.

[Alateen](#) is part of Al-Anon and is designed for younger family members of alcoholics.

Thank you for your interest in the Idaho Area 13 Al-Anon Newsletter! This document is published on the 10th of each month with the deadline for submissions being the 5th of the month. If you have items to be included in the newsletter, please email them to area13newsletter@gmail.com. Please keep your submissions to 140 words or less and include relevant links if possible. Your feedback for the newsletter would be greatly appreciated. To receive this FREE monthly newsletter, email area13newsletter@gmail.com.

District 1 Update

We have had a pretty busy month with two big things that required more members to get involved. Thank you all for coming to the area assembly. We think it turned out well. The next weekend our district participated in the AA convention and we did our part in participating both physically and financially. Val W. is now our new outreach coordinator after Dave K. could no longer do it due to health concerns. We're ready for summer sunshine.

District 2 Update

We of District 2 are positive about the outcome of functioning of the district. Was a pleasure to be at an assembly again, the host did a great job. Am planning another workshop this month on the booklet.

"Groups at work" and how to use for further information at the groups level for members. Had a business meeting in May with good attendance. Was great to have a member from our district to have a sharing in the Forum. Our district has had several members whom have participated not only at the group, district level but at Area too. We are very proud of members who get involved in their lives but also in life and the program as a whole. When we participate, we receive so much more. I can only say for myself that is what makes me who I am today.

District 3 Update

Over the past year and a half, we have tried to make District 3 more relevant by switching the District Meeting format to "Service Recovery" from strictly Business. This shift has resulted in a several benefits: a renewed energy level at District, several new meetings, and a gob of GRs and coordinators very dedicated to their work.

The greatest advantage has been tre-

District 3 Update (cont.)

mendous support by Group Members at District Events. This has provided a healthy increase in our Bank Balances that must be used to keep our Non-Profit status.

Outreach now seems to be the logical place to increase funding as it makes District even more relevant and provides a wonderful service to the members and non-members in our locale. We are currently researching Outreach activities that will be of value: Billboards, tables, bus advertising, etc. More will be revealed!

District 4 Update

On Saturday March 28 the 12th annual Women In Recovery banquet was held at the Episcopal Church in Twin Falls. This event is hosted by the women in AA and Al-Anon participates. The meal was catered and the best was the chocolate fountain. So yummy! We had a raffle and the proceeds are used as seed money for next year's event. It was well attended. There was an AA speaker and the Al-Anon speaker was Joan B. She is the D. R. For district.

District 5 Update

No District 5 update was provided for this month.

District 6 Update

District 6 does not currently participate in the Area 13 activities.

Because we could all use a little blank space in our livcs...

District 7 Update

District 7 will be working on our Love Gift during our District meeting, Saturday April 7th a Trinity Lutheran in Nampa. We will also talk about the Area meeting and preparing for the upcoming Assembly.

Al-Anon Faces Alcoholism Update



Each issue of the *Al-Anon Faces Alcoholism* (AFA) magazine offers help and hope to families of alcoholics who are unaware about the

availability of Al-Anon meetings in their communities and the importance of their recovery from a relative or friend's drinking. Each magazine available at offices of professionals or public places such as libraries can change someone's life.

The World Service Office (WSO) is now accepting orders for the *Al-Anon Faces Alcoholism 2019* (AFA2019) magazine issue. Members can order English, Spanish or French AFA 2019 magazines online using this special website address: al-anon.org/afa2019.

Also note that the deadline to order the first printing of AFA 2019 is Wednesday, July 11, 2018, 5 pm ET. Magazines will be shipped before September 1, 2018.

[CLICK HERE](#) to watch a video of how Alateen makes a difference in the lives of young people.