Al-Anon Idaho Area 13 Newsletter

Issue 10

Mark your 2018 calendar for these events!

March 31 – AWSC (Area World Service Committee) Meeting. 8:30 AM to 4:30 PM at the Kopper Kitchen in Boise.

April 7 –Share Your Story Workshop. 10:30 AM to12:30 PM at the Al-Anon Alateen Literature Center at 1111 S. Orchard (use Entrance 6) in Boise. Refreshments served.

May 5 - Lois W and Anne B Tribute Luncheon & Art Silent Auction - 11: AM to 1 PM. Eagle United Methodist Church (651 N Eagle Road – Eagle) May 18-19 – Al-Anon Idaho Area 13 Spring Assembly. Coeur d'Alene. The theme is "There Is No Standing Still", For more information, check out the <u>District 1 Update</u> on the next page of this newsletter.

July 5 – Day of Connecting Al-Anon's International Convention Baltimore, Maryland

If you have events to add to the calendar, please send them to <u>area13newsletter@gmail.com</u>. Event hyperlinks are appreciated.

Idaho Area 13 Map

Idaho Area 13 consists of seven districts which include all of Idaho. In addition, some towns in states bordering Idaho are included in Idaho Area 13. Examples include Afton, WY; Ontario, OR; and Clarkston, WA.



District 1 - Northern Idaho including Bonners Ferry, Clark Fork, Coeur d'Alene, Hayden Lake, Kellogg, Osburn, Post Falls, Sandpoint, St. Maries

District 2 - Central northern Idaho including Clarkston (WA), Cottonwood, Craigmont, Grangeville, Kamiah, Kendrick, Lenore, Lewiston, Moscow, Orofino, Pullman (WA), Riggins, and Weippe

District 3 - Midwestern Idaho including Boise, Eagle, Emmett, Garden Valley, Kuna, McCall, Meridian, Mountain Home

District 4 - **Central Idaho** including Bellevue, Buhl, Burley, Filer, Gooding, Hailey, Jerome, Ketchum, Rupert, Shoshone, Sun Valley, Twin Falls

District 5 - **Southeastern Idaho** including Afton (Wyoming), American Falls, Chubbuck, Malad, Pocatello, Preston, Soda Springs

District 6 -Mideastern Idaho including Arco, Ashton, Blackfoot, Challis, Driggs, Dubois, Idaho Falls, Mackey, Rigby, Salmon, St. Anthony, Tetonia **District 7 - Western Idaho** including Caldwell, Homedale, Middleton, Midvale, Nampa, Nyssa, Ontario (Oregon), Payette, Weiser

Thank you for your interest in the Idaho Area 13 Al-Anon Newsletter! This document is published on the 10th of each month with the deadline for submissions being the 5th of the month. If you have items to be included in the newsletter, please email them to <u>area13newsletter@gmail.com</u>. Please keep your submissions to 140 words or less and include relevant links if possible. Your feedback for the newsletter, email <u>area13newsletter@gmail.com</u>.

Attention Professionals

<u>CLICK HERE</u> to access the Resources for Professionals portion of the WSO (World Service Office) Al-Anon Alateen website.

Area 13 Service Openings

Area 13 is looking for a Public Outreach Coordinator.. For more information, contact Janet D at **Janetafg95@gmail.com**.

Multiple Group Membership and Office-Holding

Al-Anon members who attend several groups regularly and participate fully in all of them may consider themselves members of all those groups. Most members, however, consider one group their home group. Membership entitles a person to vote and hold office. Whether members may hold office in more than one group is a matter of group autonomy, although it does deprive other members of the privilege of serving and growing. No member may, however, be Group Representative (GR) of more than one group at the same time. Al-Anon Alateen Service Manual

2018-2021 Edition (p. 86).

<u>CLICK HERE</u> to access the Area 13 website to download meeting schedules for any or all of the seven districts in Idaho Area 13.

March 2018

Idaho Al-Anon Area 13 Newsletter

District 1 Update

Our district is really really busy. We are getting ready to host the Al-Anon assembly on the 18th of May and the AA convention with Al-Anon participation the following weekend. Both of these are requiring many members to step up their service commitment. We are excited to be hosting the Al-Anon assembly and hope many will come and enjoy the amenities of our beautiful part of the state.

For the AA convention we are bringing in speakers from out of state. In order to afford these, we have held lots of fund raisers.

We also have several members share their experience, strength and hope at in-patient information gatherings every 3 weeks and out patient gatherings every 6 weeks.

Our meetings have been healthy. We are striving to maintain balance in our recovery lives, family lives and our community lives. Our meetings and our sponsors keep us on track. Sally G.

District 2 Update

The workshop that was held on the 8th went well. Very informative and lots of participation. We will hold business meetings every other month with workshops to fill in other months. Am looking forward to this year and what it brings. One of the groups is having a fund raiser with a bake goods auction and ending with a speaker. Looking forward to AWSC and the assembly in May. Yours in service Carol G.

District 3 Update

At our last District Meeting, we had a lively discussion on Tradition 2 and leadership. Tradition 2 tells us, "...our leaders are trusted servants, they do not govern." For years I read that as, "We don't have leaders..." A closer exami-

District 3 (cont)

nation makes it clear that we do have leaders. And that our leaders have clear limitations and responsibilities. Our leaders are to act as, "trusted servants who do not govern." So, the obvious question then is, "How do our Groups govern themselves?"

Our leaders have the prime responsibility of protecting the Group. When there is dominance, our leaders must act. When there are safety issues, our leaders must act. But if a leader doesn't govern, how do they know how to act? The Tradition gives us clear direction: leaders are governed by the Group Conscience as directed by God.

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District 4 Update

No District 4 update was provided for this month

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District 5 Update

No District 5 update was provided for this month.

District 6 Update

District 6 does not currently participate in the Area 13 activities.

District 7 Update

No District 7 update was provided for this month.

What's a good book for an Al-Anon newcomer?



A book designed for the newcomer is How al-Anon Works for Families & Friends of Alcoholics (pictured to the left). First available in hard-

cover, th book is now available in a less-expensive paperback form. Some individuals and groups give a paperback copy of the book to newcomers. For more information on the book, contact the Lit Center at <u>al.anon.idaho@gmail.com</u> or 208-344-1661.

Check out the Al-Anon Family Groups YouTube Channel at <u>https://www.youtube.com/user/Al</u> <u>AnonFamilyGroupHQ</u>.

<u>CLICK HERE</u> to find an Al-Anon or Alateen meeting in face-to-face or electronic formats.

<u>CLICK HERE</u> to register your new group or to update information for an existing group.