



AREA OUTLOOK

IDAHO AREA 13 AL-ANON / ALATEEN

FALL 2016

Volume 3

Issue 3

“When I Got Busy, I Got Better”



**IDAHO AREA 13
2016
FALL ASSEMBLY
SEPT 17th**

If you have any questions
contact:
Danielle E.
509-339-5262 (voice or text) Or
Terry A.
208-850-1891

**Red Lion Hotel
Lewiston
621 21st Street
Lewiston, ID 83501
Tel: 208-799-1000
Tell them you are with AFG**

Mail Registration to
2016 Fall Assembly
1111 S. Orchard St. Suite 172
Boise Id. 83705

Room Rates are \$99.00 + tax (includes breakfast)
Make reservations by 8/16/16
(in order to get the group rate)
Tell them you are with AFG.

Saturday, September 17th Meeting starts at 8:00 a.m.-4:00 p.m.
Luncheon Speaker will be Danielle E.

Assembly Luncheon: (Club house sandwiches)	\$20.00	_____
Registration Fee	\$25.00	_____
Late Fee (after 9/9/16)	\$ 5.00	_____
Personal Contribution:	\$	_____

Make Checks payable to: Idaho Area AFG and mail to above address.

Name: _____

Address: _____

City, State, Zip: _____

E-mail Address: _____ Phone: _____

District: _____

World Service Office Announces

Keep Informed!

Want news from your WSO? Subscribe to AFG Announcements. Now members can sign up to receive a free subscription to **AFG Announcements**—all we need is your email address (you can easily unsubscribe at any time). This communication system for individual members will deliver announcements from the World Service Office (WSO) right to your inbox.

Some examples of announcements include: new literature, surveys, WSO employment opportunities, and *Group eNews*, to name a few.

Members in service who currently receive information through this “Announcements—WSC Structure” community here on AFG Connects will continue to receive announcements in that manner so there is no need to subscribe.

Members in your group can go to the Members' website to sign up, or share this link with them: [Be informed!](http://al-anon.org/members/) <http://al-anon.org/members/>



Service at the WSO level

Excerpts from Paula B's letter to Al-Anon's:

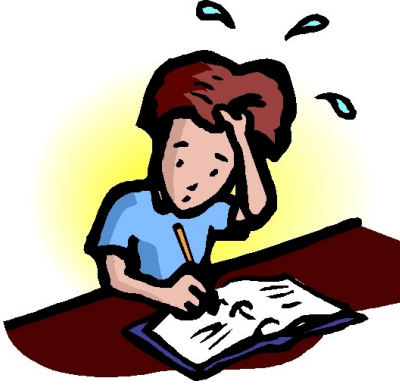
This is my last opportunity to personally write to you (my term on the Board ends after the Annual Meeting in April). I want to take a moment and share a few thoughts on this incredible journey. I was encouraged to step into service many years ago by my home group's Group Representative. He supported me as I learned to become the new Group Representative. Along this journey I have been supported by many knowledgeable Service Sponsors who willingly shared their gratitude of this program. Without this journey in service, I would never have grown to the level of courage, strength, and wisdom this program and our Legacies offers. I know of and trust the dedication and commitment that your Board of Trustees brings to everything they do on behalf of Al-Anon Family Groups, Inc.

Lastly, I'm excited to see what my Higher Power has in store as I continue this journey in recovery.

Yours in Al-Anon service,
Paula B.

Chairperson, Board of Trustees

Open Letter to a new DR



When I started both the AR and AGR had stepped down for medical reasons. The position had been vacant for several months before I was elected. I started with nothing...no DR Notebook, no notes. My Gift to you is a thick notebook and lots of notes.

Besides raiding the Archives I contacted all past DR's and asked them to be my Service Sponsors. I didn't hesitate to call them when I needed help or even attend several meetings when I first got started.

The hardest thing: at first— no notebook, now finding the next DR.

The easiest thing: Using my God-given skills to build up the District meetings. Yearly visits to all the AFG's in our district. Delight in seeing all the members of our fellowship that stepped forward to do service work.

Dear New DR, I wish you the very best in the coming years!!!! You will find a lot of support, just ask, just delegate and keep smiling

Kris S

DR District 1



Do:

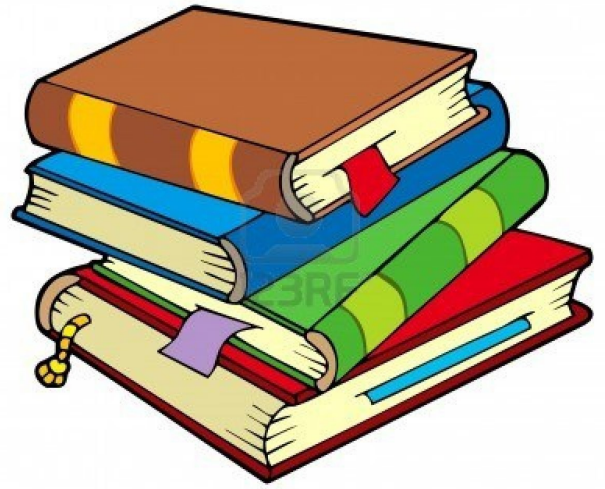
- *Do forgive
- *Do be humble
- *Do take it easy -- tension is harmful
- *Do play -- find recreation and hobbies
- *Do keep on trying whenever you fail
- *Do learn the facts about alcoholism
- *Do attend Al-Anon meetings often

Any other whimsical ideas occur to you, send them along!

A PLAYFUL LOOK AT "AL-ANON" DO'S AND DON'TS

Don't:

- *Don't be self-righteous
- *Don't try to dominate, nag, scold and complain
- *Don't lose your temper
- *Don't try to push anyone but yourself
- *Don't keep bringing up the past
- *Don't keep checking on the alcoholic
- *Don't wallow in self pity
- *Don't make threats that you don't intend to carry out
- *Don't be over protective
- *Don't be a doormat



LITERATURE CENTER LIASON:

from LuAnn's Perspective

About a year and a half ago, I started feeling like I wanted to try my hand at service work but felt somewhat intimidated in what I thought I could do and was worried I would get in over my head again.

I'm Al-Anon I am known for doing that kind of thing; but I knew I was ready to give it a shot. I had been in Al-Anon for three years at the time and was ready to learn more about the program and how it worked. My Sponsor suggested I consider being the Literature Center Liaison and I said, "what the heck is that?" So I checked into it, and yes, I am the current liaison and that's why I'm writing this article. It's really turned out to be a great service position and I know I will miss it when my term is up. I meet once a month for one hour with the Literature Center Officers and we review and discuss the agenda we made which includes reviewing the budget and spending that has occurred from the Treasure's report. We mostly talk about how to improve the Literature Center services and Outreach programs. I really have enjoyed the changes we have made and I feel like I am helping in a small way to make our center a place people can come and talk and meet others in a small setting and maybe purchase a book or two. The center is run strictly from volunteers and they are all just a bunch of the nicest people you'd ever want to meet. They are sweet and kind and I just really appreciate their caring nature. That's just one part of the position but the best is yet to come. The Literature Center Liaison position allows me to travel to wherever the Spring and Falls Assemblies are hosted. My job is to bring books to sell to folks who attend. A lot of people don't have access to books or don't know of their existence so that's where I come in. I load up my little red wagon chocked full of literature from the Literature Center and I take the books with me. I setup a table and sell the books from there. It's very simple and very easy and I have met some great people from different areas that I never would

have otherwise. Going to the assemblies and the Roundups and any place I can to sell my books has led to learning so much more about Al-Anon and how it works. That was my intent and it sure has worked out great for me. I think one of the best parts is the conversations I get into with people I normally wouldn't have. Some people have a yearning for answers and books are a great way for them to explore new possibilities. There's something so satisfying to see hope in someone's eyes, there's nothing like it...that's why I love my service position. Consider service work,

those holes I have aren't so big anymore.



From our Delegate: Nancy Jo W.

Anonymity and the Media

Tradition Eleven gives a specific guideline: “we need always maintain personal anonymity at the level of press, radio, films, and TV.” It is AI-Anon/Alateen policy to interpret Tradition Eleven to include the Internet as well as all forms of evolving public media. Personal anonymity in the media guards the fellowship from the AI-Anon/Alateen member who may be tempted to seek public recognition.

When speaking or writing as an AI-Anon/Alateen member in any form of press, radio, films, TV, Internet, or other evolving public media, members use only their first names and last initial or pseudonyms. Members can also speak without identifying themselves or sign articles “Anonymous.”

Photographs, video, film, or Web postings in published or broadcast media should not reveal full face images of those identified as members.

On any Web site accessible to the public, whether an AI-Anon site or not, full names, phone numbers, or other identifying information are not posted, if they are identified as belonging to an AI-Anon/Alateen member.

(See “Anonymity in AI-Anon/Alateen Publications” in the “Anonymity Within AI-Anon/Alateen” section.)

We want **YOU as part of our **TEAM!****

Idaho and Montana are combining to host a TEAM Event see flyer following page!

Where - Missoula @ motel on the river or Solo Hot springs Resort in the mountains about 40 mins out of Missoula, MT (Need prices and occupancies)

Agenda topic: an email will be sent out by Frances for us to vote on what topics we want @ Team Event and how many days for the event. Thinking of Sat and Sunday AM, allowing for travel time.

Estimate for lodging has been suggested for 100 attendee's

We need to send emails to all the ID districts concerning these issues once decided upon..

EDITOR'S NOTE: Please look at the following flyer and then read the information I've included on hosting a TEAM Event. Write down your questions and Volunteer, Volunteer, Volunteer! Your recovery will thank you.

Kathy B

June 17-18 2017
Missoula, Montana



Montana and Idaho Al-Anon Areas 32 & 13 invite you
 to join us

for a memorable TEAM Event weekend.

WSO Presentations, Workshops, Personal Growth, Fellowship, Fun!

Let's come together to learn more about how Al-Anon works.

and gain an ever

deeper understanding of our worldwide fellowship.

Details and registration form coming soon.

☐ Service positions are still open for planning and during the event ☐

Please contact:

Frances M.

Montana Area 32 TEAM Co-Chair

bestshot@csinet.net

406-381-8483

Nancy Jo W.

Idaho Area 13 TEAM Co-Chair

abraham2010@cableone.net

208-546-8982

TEAM: FAQ'S

What is a TEAM event?

A TEAM event is a partnership between an Area(s) and the World Service Office (WSO), with the aim of providing an opportunity for Al-Anon and Alateen members to learn more about service and the Al-Anon program. The Area and WSO Task Force work together to plan an agenda of workshops and presentations that address the Area's specific needs and expand members' understanding of our worldwide fellowship. TEAM events are sponsored by the Area(s) and the WSO.

How is the name for the TEAM event created?

The acronym TEAM stands for Together Empowering Al-Anon Members. When we work together we can do that. The WSO contribution to the name is the TEAM logo, with or without the three languages. The logo identifies the event as one where the Area(s) is partnering with the WSO. The partnering Area(s) can personalize the event name by including one or more nouns either before **or** after the TEAM logo. Examples of TEAM names are available on the TEAM Host Committee page on the Members' Web site.

TEAM Event Request Form

Where do we get the TEAM Event Request Form?

The TEAM Event Request Form is available on e-Communities and the Members' Web site.

When? How many dates do we need to give?

An alternate date should be supplied, whenever possible. Your Area's preferred date will be given first consideration, then the alternate date. Choosing an alternate date before the form is submitted can save time if your first choice is not available for the WSO.

Where? Does the event have to be held at a hotel?

The event can be held at a hall, a hotel, etc.—any facility that will accommodate the number of attendees expected by the Area. All TEAM event presentations developed by the WSO are held in the general session room. Areas also have the option to include Area-developed workshops that can take place in smaller break-out rooms.

When deciding on a facility, Areas consider the needs of the members, the cost of the facility, and how it is being paid for. TEAM events not held in a hotel need to have a hotel within a short walking distance for the WSO Task Force and other out-of-town attendees.

Who? Can a district host the Area's TEAM event?

The Area selects the Host Committee Chair; a district could serve as Host Committee, with the Area's approval.

Can a district partner with the WSO for a TEAM event?

Each Area such as language, a populous district, etc., an Area could agree that a district partner with the WSO, instead of the Area. In such cases, the district would coordinate the event with the Area, and submit the TEAM Event Request form with the required Area signatures.

Can we request the WSO Task Force that we want?

The Area requests the topics it wants; but not the membership of the Task Force. The WSO Task Force is assigned by the Chairman of the Board and Executive Director, based on the number of TEAM events assigned, availability, and expertise in the topics requested.

Does someone from WSO do a site inspection?

No, the Area is responsible for the site. The WSO will work with whatever space the Area can provide. The site should be able to accommodate all attendees in a general session room; breakout rooms are optional.

Can we pick our own topics?

The Area and WSO select the agenda topics. For its portion of the agenda, the WSO has already selected two presentations for TEAM events: "Giving—Our Spiritual Link to Gratitude—*Al-Anon world services in action*" and "Trustee Search," plus a fifteen minute talk by each of the three WSO Task Force members.

QUESTIONS ANSWERED ABOUT TEAM

What kind of topics can we choose?

The additional topics are up to you; the Area Assembly or AWSC meeting discusses what topics would be beneficial to members in the Area. If the Area is not sure what presentation or workshops to ask for just enter a description of the topic on the TEAM Event Request Form. After being selected for a TEAM event, the Area Delegate(s) and Area Chair(s) will have the opportunity to discuss details about the topics (in a conference call) with the assigned WSO Task Force. The Host Committee Chair is also invited to listen on the call. Once the topics are selected, the Host Committee Chair then works with the WSO Task Force to finalize the presentations and workshops.

The WSO has prepared a list of suggested topics that are available; however, other topics can be developed for an event.

Host Committee

Who keeps in touch with WSO?

Once the topics are established, the Host Committee Chair communicates with the staff member assigned to the WSO Task Force. The staff member then discusses all information with the other WSO Task Force members.

What does the Host Committee Chair do?

The Host Committee Chair may be assigned tasks by the Area in regards to the facility, registration, and other Area-related responsibilities. The Host Committee Chair also works with the WSO Task Force. See the *Host Committee Suggested Planning Worksheet* for details.

Are Host Committee Chairs elected or appointed?

That is up to the Area to decide.

Planning after TEAM Event is confirmed

The Host Committee Suggested Planning Worksheet has a six month timeline. Can we begin planning before that time?

The six-month timeframe is for the portion of the event for which the Area and WSO share responsibility. The Area may begin planning for things that are the sole responsibility of the Area, such as selecting the Host Subcommittees at anytime. If an Area feels the need to put out a save-the-date type of notice before the six month timeframe begins, they can e-mail the WSO Meeting Planner the proposed TEAM event name for WSO approval.

Due to the anticipated number of TEAM events requested per year, the WSO staff and volunteers may be assigned to more than one event per year. Serving as the WSO Task Force person on one TEAM event at a time provides customized Area attention for each TEAM event.

Can the Area invite members from other Areas?

The partnering Area(s) determines if the event will be open to members outside of that Area(s), depending on the number of attendees the facility can accommodate and the expected attendance from the partnering Area(s) or district. Notice of the TEAM event can be posted in *The Forum* calendar page on the Members' Web site. Partnering Areas can post a link to their TEAM registration form on their Area Web sites.

Is there a limit on the amount of the registration fee?

The Area can charge a registration fee to cover the facility and other host expenses—publicity, name tags, etc. When charging a fee, consider that a high registration fee may result in fewer members being able to attend.

If there's money left over after the event, is the money split between the Area and the WSO?

When a registration fee is charged, the amount of the fee would be calculated to cover the Area's expenses for the event. Any excess funds from the registration fee could be donated to the WSO to cover expenses; however that is not required. TEAM events are not intended to be fundraising events.

VOLUNTEERS NEEDED!

Can the TEAM logo be used on TEAM event commemorative items?

Commemorative items of events are popular in some Areas. When considering a commemorative item the Area should discuss the purpose of the item. Will the item be given to all registered attendees as a keepsake of the occasion? Will it be sold to raise funds in an attempt to reduce the registration fee or to cover convention expenses? If the intent is to have a fundraising item, the Area may want to consider past WSO experience with the Regional Service Seminars where frequently the local hosting Area's fundraising efforts were not successful when selling commemorative items such as t-shirts, mugs, etc.

Areas can use the TEAM logo, either in the original colors or in black and white, on **one** commemorative item, e.g. an Area has used the TEAM logo on a TEAM event commemorative nametag holder. Areas that use the TEAM logo on a commemorative item should keep in mind that if the item is a bag for event handouts, information from the Chamber of Commerce or local Convention Bureau materials should not be placed in the bag as that could imply affiliation.

Areas that decide to sell commemorative items should not pressure attendees to purchase the items and should limit the sales to before or after the event so that members are able to attend all event sessions. In keeping with the spirit of the event, it is suggested that Areas focus on the aim of the event, which is to partner with the WSO to provide local Al-Anon and Alateen members an opportunity to learn more about service and the Al-Anon program.

The TEAM Event Agenda

Who facilitates the TEAM event?

The Area may want to select a member to facilitate the event or share that responsibility with the WSO.

If we hold a TEAM event with an Area workshop day could we alternate Area workshops and TEAM presentations/workshops?

Areas can extend a TEAM event beyond the six-to-eight hour time period by adding one or more workshops that the Area will be solely responsible for. The WSO Task Force will work with the Host Committee Chair to determine how the agenda will reflect the additional Area workshops and presentations.

Can we include a spiritual speaker on the agenda at our TEAM event?

TEAM events do not include a designated spiritual speaker on the agenda; however the Area(s) can work with the WSO to create workshops that emphasize the spiritual aspect of Al-Anon.

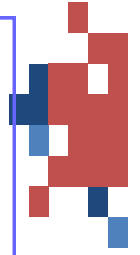
TEAM events were created to replace the old Regional Service Seminars (RSS) due to lack of attendance at those events. The aim of the new TEAM event is for the Area(s) and WSO to partner together to develop an agenda to provide Area Al-Anon members the opportunity to learn more about service and the Al-Anon program. While some of the format of the old RSSs appears to remain- such as presentations, workshops, and WSO speakers- the focus and content of those agenda items has evolved and become more versatile. TEAM events strive to link the spirituality of the Al-Anon program and service.

Who is responsible for translation and handouts, and who provides the equipment needed for presentations?

Presentation handouts other than guidelines or other Al-Anon service tools would be printed locally by the Area, at the Area's expense. Arrangements can be made for the WSO to bring an LCD for presentations, when needed. The WSO can also bring a limited amount of translation equipment; the Area would provide the volunteer translators. The Area is responsible for all other equipment that may be needed, such as microphones, easels, etc.

If the TEAM event is held before or after another event, such as an Assembly or Convention, can we invite one of the WSO Task Force members to speak or give a presentation at the Assembly or Convention? The Area would submit the invitation through the regular process for inviting the WSO to speak. Any added expenses—additional night at hotel, meals, etc.—would be paid by the Area

ELECTION YEAR ASSEMBLY



- Have you heard about the Al-Anon principle of rotation of service? In a nut shell it means that we don't "own" our service positions. Why would we change a good thing? Because everyone gets a chance in Al-Anon...because we develop new and different skills by trying new things....because growth continues when we continue to challenge ourselves, not when we rest on our laurels (or butts which ever is bigger!).
- So what am I getting at ? It's simple—Al-Anon's concept 4 ...Participation is the key to harmony! Speak up, Vote! Or don't complain later that your voice or your groups voice was not heard. Gone are the days when we waited for people to read our minds and do what we wanted (hopefully).
- Your Area committee is up for election this Fall Assembly. In Idaho we elect a new panel every three years. Who should be Delegate? Who should Chair our Area committee? Write your newsletters? Guard your money as treasurer?
- The future is bright and shiny and waiting for us to be of a part of it not apart from it.

An editorial piece by Kathy B your newsletter editor

OUR SPIRITUAL WAY OF LIFE



In the spirit of Cooperation not Affiliation

District 5 will present the

CONCEPTS

and

Terrie A

will be the Al-Anon luncheon speaker

At the Fall AA Assembly , October 7, 8, 9

Shoshone Bannack Hotel and Event Center

Fort Hall, Idaho

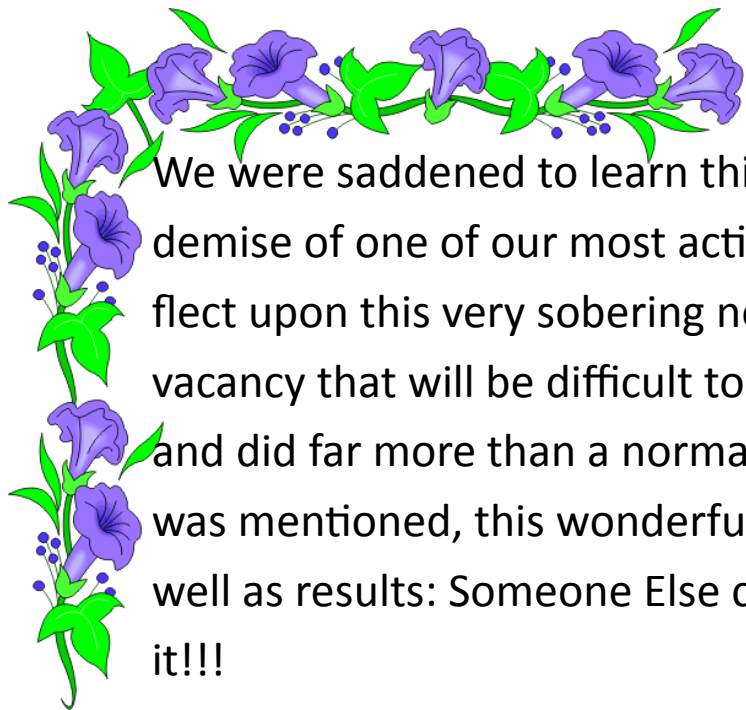
For more information contact:

Paula N At [208-241-2353](tel:208-241-2353)

From our Archives: dated April , 1987

AIMS– Illinois

An Al-Anon Obituary



We were saddened to learn this week of the sudden and unexpected demise of one of our most active members; SOMEONE ELSE. Let us reflect upon this very sobering news. Someone Else's passing creates a vacancy that will be difficult to fill. Ms. Else has been with us for years, and did far more than a normal share of the work. Whenever service was mentioned, this wonderful person was looked to for inspiration as well as results: Someone Else can get it done. Someone Else will do it!!!

It was common knowledge that Someone Else could be counted on to assume the responsibility, or take up the slack where needed. Someone Else, at times, appeared to be superhuman, but Alas, was only human and capable of doing just so much. If the truth were known, we all expected too much of Ms. Else.

Now that Ms. Else is no longer with us, it looks as though we must look to ourselves to take care of our needs, by working together as a fellowship to make our fellowship survive.

In lieu of flowers for Someone Else, a donation of time, talent and love is requested. Please write or call any of the officers or coordinators in our Idaho Area for further information . And above, all attend this coming Assembly in her honor. Tell them Someone Else sent you!

