



AREA OUTLOOK

IDAHO AREA 13 AL-ANON / ALATEEN NEWSLETTER

Volume 1 Issue 2

Spring 2014



SPRING ASSEMBLY

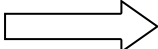
Our Principles in Action

Registration form available on our website!

Inside this issue:

A Service Story	2
How the Forum helps	2
Up Coming Events!	3
As Carol Sees It!	4
Submissions needed get out your pens	4

When: May 17th
 Where: The Hilton Garden Inn
 Location: 7699 W Spectrum ST
 Boise, ID
 Contact: 208-376-1000 for Reservations
 Be sure to ask for the Assembly rate

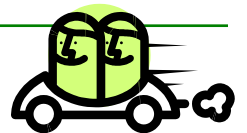
Check website for more information  <http://www.al-anon-idaho.org>

Special points of interest:

- * New DR District 7
- * The Forum
- * Meetings and Assemblies coming right up– see page 3 for details! See you there

Journey to the Assembly

Ever feel like you just need a marathon meeting????? Just get in the car and head to the Spring Assembly. While miles and time may seem to be less desirable in thought; the conversation, laughter, and benefit of being with Al-Anon members for an extended period of time off set any of the negative. What a wonderful program we have that teaches us to see situations in different manner, to look for the positives, to become willing, and to talk to each other. Take some literature with you to drop off at a rest area or a bulletin board along the way. You will get another opportunity for growth if you make the choice to “JUST GET IN THE CAR.”



See you in May 17th at the Spring Assembly in Boise..... Remember Service is Recovery.
 Berta R.

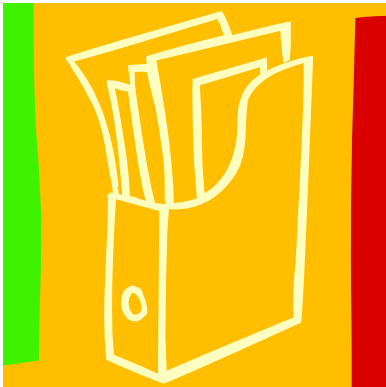
* FIRST NAMES AND INITIALS ARE USED BECAUSE OUR SITE IS NOT PASSWORD PROTECTED. TO CONTACT ANYONE IN AREA SERVICE PLEASE SEE LINKS ON THE WEB SITE.

OUTREACH IN ACTION!



I have had one of the most rewarding experiences in the last six years as a member of Al-Anon. Since my alcoholic was in treatment, I have worked on taking Al-Anon into a local treatment center. I originally planned to help families of those in treatment. After years of working with the treatment center and my own personal growth, it was those in the facility that we spoke with. It is amazing how our higher power works when allowed, to change our thinking through service. When we went to the treatment center, I was able to have an open mind and be accepting of them (something I found in Al-Anon). With the help of Kathy B. we spoke one hour with the men and also one hour with the women. We started with the Serenity Prayer and a short preamble. There were questions and answers. We shared our stories. We closed with the Serenity prayer and hugs. Without Al-Anon and my higher power, I would not have had this experience.

Jan K.



Literature Corner: Introducing

The FORUM

I don't know if it's proper for your editor to insert her opinion in the newsletter but as I ask all of you to write I thought I should

follow my own promptings. I have all the Al-Anon literature and love most all of it but one of my favorite tools of the program has been the Forum. When ever I have struggled with a problem one of you has taken the time to share your experience, strength and hope on the pages of this powerful magazine. Some times you have shared how you solved your dilemma, other times it is just an expression of your struggle. Either way, I have been given the gift of knowing I am not alone. Some of the solutions have worked so well, and been so simple I wondered how I had struggled so long. Each issue is packed with Recovery, and Hope, which sometimes is in short supply in my heart. Give my favorite a try, I think you'll like it!

Even more you can write an article for the Forum; you'll never know how much you can help another person struggling with the same problem.

Yes, I love service too. Just read in today's ODAT: "Courage is fear that has said its prayers." For me, I'd say service is a heart that's now open because I know there's hope out there
Quote from Nancy C



Up Coming Events! Our Idaho Area Timeline **

♦ World Service Conference

The 54th Annual Conference has been scheduled for April 25-29, 2014 , Virginia Beach, VA Delegate to attend. Remember to send love gifts to her at:

Insert Idaho Area Delegates name &(Hold for WSC April 25-29,2014)
Wyndham Virginia Beach Oceanfront
5700 Atlantic Avenue
Virginia Beach, Virginia 23451

Cards and love gifts need to
arrive no earlier than
April 21st!

♦ Idaho Area Spring Assembly

May 17, Boise, ID Everyone invited! Group GR's to represent their groups and vote on items brought before the assembly. Meet your new Area Committee! Hear the new delegate's report.

♦ Idaho Area Fall Assembly

September 27th, in beautiful Coeur d'Arlene, ID, Coeur d'Arlene Inn. A Separate event held that evening is the Serenity Cruise. Register for both.

** For more information please see flyers on the Id web site!!

As we all know the tools we learn in Al-Anon can be used in all areas of our lives. As a gardener, the need to take stock of tools and their condition, what seeds will be needed and or plants, where and when to plant, is a process. So I do a little paper work, sharpen and clean tools, decide the order of what is going where and what's going to be compatible. Seems like a lot of work, but the effort you put in results in good stuff to eat and beautiful to look at.
Carol G. District 2

As Carol Sees It!

SUBMISSIONS NEEDED FOR NEW BOOKS AT WORLD SERVICE OFFICE

Your Literature/ Forum C coordinator for the Area World Service Committee Berta R. announced that the WSC is in need of writings for new planned literature.:

⇒ **We need submissions from parents and grand parents of teenage alcoholics.**

⇒ **We need submissions for a piece of literature on intimacy in Alcoholic relationships from all perspectives.**

As our literature tells us ...”whatever your problems there are those among us who have had them too.”

You can send submissions in writing to the World Service Office or online through the members web site. Don't put it off! Remember sharing your strength, hope and courage is service in action!

District Representatives

PLEASE WELCOME ALL THE
NEW DR'S & GR'S

HELLO! 😊

In the first issue Jan K was incorrectly listed as District Seven's District Representative, District Seven informs me that they have elected Janet D, Nampa as their new DR.