

## Al-Anon Contacts

### Zoom Dial In

#253-215-8782

All meetings are Pacific Standard Time  
(PST)

### District Meeting

#### Church of the Nazarene—CdA

6:30 pm, 4th Tuesday of each month

Nov-Mar: Zoom Only

April-October: In Person Only at 4000 N. 4th Street,  
Coeur d’Alene ID 83815

Contact: Nicole R. #208-512-0276

### Speaker Meeting

#### Church of the Nazarene—CdA

12 Noon, 3rd Monday of:

Jan/Apr/Jul/Oct

4000 N. 4th Street, Coeur d’Alene

Contact: Brianna M. 208-640-9158

### Alateen

Please call first for pre-screening

Contacts: Sheila #208-661-2559 or Cindy  
#208-352-3509


## Al-Anon Family Groups North Idaho District 1



UPDATED: 8/1/2024

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, organization or institution; does not engage in any controversy; neither endorses nor opposes any causes. There are no dues for membership. Al Anon is self supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

**Idaho Area Al-Anon & Alateen:** <https://al-anon-idaho.org>

**Newcomers:** <https://al-anon.org/newcomers/>

*When our District lists a group, at their request, there is an informal agreement that the group will abide by the Al-Anon Traditions and keep its doors open to any Al Anon member. Listing in this directory does not constitute approval of any group’s manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available at Al-Anon.*

Please email any meeting schedule changes to Nicole R:  
[idahodistrict1@gmail.com](mailto:idahodistrict1@gmail.com)

## Monday

### Church of the Nazarene— upstairs

12 Noon, *From Insanity to Serenity*  
4000 N. 4th Street, Coeur d'Alene  
Contact: Kelly M. #208-215-6955

### 1st Presbyterian Church

6:00 pm, *Happy Solutions*  
417 4th Ave, Sandpoint  
Contact: Kim O. #208-304-7585

## Wednesday

### Church of the Nazarene— upstairs

12 Noon, *Afternoon Delight*  
4000 N 4th Street, Coeur d'Alene  
Contact: Vivienne S. #650-465-6163

### Athol Baptist Church

6:30 pm, *Together We Can Make It*  
29145 N Sylvan Road, Athol (Room 21)  
Contact: Becky C. #406-670-4274

## Thursday

### 1st Presbyterian Church

12 Noon, *Happy Solutions\**  
417 4th Ave, Sandpoint  
Contact: Sharon R. #208-610-9005

### Unity Center of Spiritual Growth

5:30 pm, *Mama's & Papa's*  
4465 N 15th St, Coeur d'Alene  
Contact: Megan W. #208-446-7373

### Church of the Nazarene

7:00 pm, *Freedom Group*  
308 W 12th Ave, Post Falls  
Contact: Kris S. #208-262-1135

### United Methodist —Bonners Ferry

7:30 pm, *There is Hope\**  
6568 Lincoln St, Bonners Ferry  
Contact: Naomi #208-946-5219  
Zoom Meeting ID 861 0324 9025  
Password: 503174

## Friday

### Church of the Nazarene— upstairs

1:00 pm, *From Survival To Recovery AFG*  
4000 N 4th Street, Coeur d'Alene  
Contact: Victoria #714-334-9675

### Church of the Nazarene— upstairs

6:00 pm, *Courage to Change*  
4000 N 4th Street, Coeur d'Alene  
Contact: Jenny #530-355-6745

## Saturday

### Church of the Nazarene— upstairs

12 Noon, *Saturday Sunshine Group\**  
4000 N 4th Street, Coeur d'Alene  
Contact: Rochelle #208-640-1089

Zoom Meeting ID 883 5640 6580 (updated 8/1/24)  
Password: 508625

\*Meeting hosts an in-person meeting in conjunction with a Zoom meeting.

## Sunday

### True North Church\*

5:00 pm, *Northwest Serenity*  
10583 N. Government Way, Hayden  
Contact: John K. #208-640-1311

\*Alateen meeting available in partnership with this meeting (physical or hybrid), please call first: Sheila #208-661-2559 or Cindy #208-352-3509