

Fall Assembly 2025 Friday and Saturday September 19/20, 2025 Coeur d'Alene Casino Resort Hotel Worley, Idaho Hosted by District 1

[Link to Attendees](#)

Area Officers September 19, 2025

Area Interim Chair Chrissy S.

Area Delegate Cheryl S.

Area Alt. Delegate Lori M.

Area Treasurer Jeanne H.

Area Interim Secretary Marlene F.

Area Group Records Ruth B.

Area Web Coordinator Bret R.

Area Alateen Coordinator Cindy N.

District 1 Rep. Nicole R.

District 2 Rep. Ann W.

District 3 Alt. Rep. Mary H.

District 4 Rep. Marlene F.

District 5 Rep. Teresa N.

Friday evening 6:30-8pm, September 19, 2025 we met as a group to hear from a panel of two couples. An A.A. and an Al Anon perspective from each couple. This was well received by the audience. Many expressed the hope we try this again next fall.

Saturday Morning September 20, 2025 Group Representatives, and District Representatives met from 7:15-8am for discussion and questions. A handout was prepared for the GR's.

Chrissy began the day with a welcome at 8 am, followed by Nicole reading the 12 Concepts of Al Anon.

Cheryl conducted the voting for the Area Service positions. All positions were voted on, and all positions were unopposed. 30 GR's voted to install:

Area Chair Chrissy S.

Area Delegate Lori M.

Area Alt. Delegate Brianna M.

Area Treasurer Nicole R.

Area Secretary Marlene F.

There are service positions open. Chrissy will send out information about available positions and duties.

Budget

Chrissy opened the meeting letting us know we are voting to approve the 2026 budget that AWSC has proposed. She reminded us that we have never donated to the WSO.

Jeanne presented the AWSC proposed 2026 budget and opened the discussion for GR's. Nicole estimates our expenses will be approximately \$12,250. WSO tells us each year what the equalizer expenses will be. This is a flat amount sent each year, by each area, to help cover the cost for all Delegates to attend the WSO meeting in April. It has been \$2,500, and may be \$3,000 going forward.

Marlene motions to approve this 2026 budget, seconded by Vivienne, approved by majority, no votes against. Judy P. abstains.

Jessica mentions raising the decorating budget for the next Assembly from \$50, which she felt was not enough to do a good job. No vote taken.

Over the Summer, a financial committee was formed to analyze and update the way Area tracks income and expenses. The members of the committee created a new financial tracking system that was approved by the AWSC in July. The AWSC is recommending reducing the Prudent Reserve from \$7,500 to \$6,000 (six months of reserve) and reducing the checking account to \$5,000. AWSC is requesting any surplus be donated to WSO at the end of the year, December 31, 2025. The purpose of this change is to assure the Groups that we are being good stewards of these sacred funds.

Rochelle W. makes a motion to reduce the Prudent Reserve to \$6,000, reduce the amount in the checking account to \$5,000 and distribute the balance to WSO at the end of December 2025. Debbie Y. seconds, majority votes to approve changes, Jeanne H. votes no. There are no abstaining votes.

Chrissy gives Jeanne a moment to explain her reasoning to the group. Jeanne explains she would like to see more meetings and seminars done in the Districts, bringing Area representation and panel discussions to enrich and unify our Area.

Jeanne informed us District 6 felt left out years ago when we abandoned our A.A. counterpart, and she would like to see some outreach done with District 6, (Idaho Falls area) to bring them back into the Al Anon Area 13 family. Jeanne would like to see Area support Districts, support newcomers, and use funds to teach about service positions at workshops etc.

AlateenArea Guidelines

Chrissy mentions accessing the Idaho Al Anon Area 13 website for updated information. She said we are tabling the portion of the Alateen Area Guidelines that concern hybrid meetings, until the Spring Assembly, and asks GR's to approve the document as is for now.

Cindy mentioned that If someone had a felony in the past, it would not preclude them from serving, unless it involved a child.

Molly G. makes a motion to accept the changes to the Alateen Area Guidelines that the AWSC members have approved, and table the section discussing hybrid meetings until Spring Assembly. Trena T. seconds the motion, majority are in favor. No abstaining or "No" votes.

Nicole R. and Kris S. hold the Recovery Countdown. Tyrie is the newest member with 4 months. She won a new book. Sharon R. is our oldest member with 46 years. She won an archives book.

Anger & Resentment Workshop by Lori M. and Benita K.

This was a fun activity that required us to write down our thoughts and feelings about a single person we had anger and resentment toward. It was very well received, and useful in helping us work through issues. They quoted, "Write until your resentment is gone." We took turns at each table reading through the material, and at the end several God boxes were given out. Feedback was very positive, and many people expressed that this workshop helped them where they were stuck in resentment and anger, and wanted to make amends and offer forgiveness.

John M. from San Francisco was our guest speaker.

John shared with us his spiritual experience of learning to pray his way through the steps. He learned how to turn his life and will over to God's loving care, guidance, direction, and protection. Two books that helped John were, How Al Anon Works, and Blueprint for Progress. John got involved in Alateen, and ended up serving for 9 years. John learned to "Let go, and Let God", and was able to reconcile with his mother.

Flip the Script workshop by Nicole

A fun get to know you game played at the round tables, encourages us to flip the script, and start to work through our issues in a positive way. Everyone enjoyed this activity, as evidenced by the loud talking, laughter, and discussion.

AI Anon Jeopardy by Brianna and Victoria

This was an activity that mimicked the Jeopardy game on television, asking trivia questions about AI Anon and the state of Idaho. A lot of work was put into this activity, and the effort was appreciated. Unfortunately, due to technical difficulties, user error, and clear domination by one group, it wasn't as effective or fun as it could have been. Many people mentioned they would not like to participate in that activity again.

Countdown Tally and closing remarks

Nicole added up all of our combined years in AI Anon, and came up with 831 years! We closed out the meeting in a group circle reciting the AI Anon Declaration.