

Looking for an Online Meeting?

Visit us here: <https://meetings.al-anon.org/electronic-meeting-page/>

Looking for an Online Meeting?

Visit us here: <https://meetings.al-anon.org/electronic-meeting-page/>

District Meeting

Church of the Nazarene—CdA

6:30 pm, 4th Tuesday of each month

Oct-Mar: Zoom Only

April-September: In Person Only at 4000 N. 4th

Street, Coeur d'Alene ID 83815

Contact: Nicole R. #208-512-0276

Speaker Meeting

Church of the Nazarene—CdA

12 Noon, 3rd Monday of: Jan/Apr/Jul/Oct

4000 N. 4th Street, Coeur d'Alene

Contact: Brianna M. 208-640-9158

Alateen

Please call first for pre-screening!

Sheila #208-661-2559 or Cindy #208-352-3509

- ***Daily Reprieve Alateen***, Wednesday 5:30pm
Alano Fellowship Hall, 425 E Borah Ave, CdA
◇ Meeting runs congruent to AA
- ***Sunday Serenity Alateen***, Sunday 5:00pm
True North Church, 10583 N Govt Way,
Hayden
◇ Meeting runs congruent to Al-Anon

[illegible]

Al-Anon & Alateen Meetings

North Idaho District 1



UPDATED: 11/1/2025

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, organization or institution; does not engage in any controversy; neither endorses nor opposes any causes. There are no dues for membership. Al Anon is self supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

Idaho Area Al-Anon & Alateen: <https://al-anon-idaho.org>

Newcomers: <https://al-anon.org/newcomers/>

When our District lists a group, at their request, there is an informal agreement that the group will abide by the Al-Anon Traditions and keep its doors open to any Al-Anon member. Listing in this directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help and hope available at Al-Anon.

Please email any meeting schedule changes to Nicole R:
idahodistrict1@gmail.com

Monday

Church of the Nazarene

12 Noon, *From Insanity to Serenity*
4000 N. 4th Street, Coeur d'Alene
Contact: Kelly M. #208-215-6955

1st Presbyterian Church

6:00 pm, *Happy Solutions*
417 4th Ave, Sandpoint
Contact: Kim O. #208-304-7585

Wednesday

Church of the Nazarene

12 Noon, *Afternoon Delight*
4000 N 4th Street, Coeur d'Alene
Contact: Vivienne S. #650-465-6163

*Meeting hosts an in-person meeting in conjunction with a Zoom meeting.

Alateen meeting available in partnership with this meeting (physical or hybrid), **please call first: Sheila #208-661-2559 or Cindy #208-352-3509

Zoom Dial –In: #253-215-8782

Thursday

1st Presbyterian Church

12 Noon, *Happy Solutions**
417 4th Ave, Sandpoint
Contact: Sharon R. #208-610-9005

Unity Center of Spiritual Growth

5:30 pm, *Understanding Ourselves*
Women's Only Meeting
4465 N 15th St, Coeur d'Alene
Contact: Jessica F. #253-282-8219

Church of the Nazarene

7:00 pm, *Freedom Group*
308 W 12th Ave, Post Falls
Contact: Anna C. #509-552-1087

United Methodist

7:30 pm, *There is Hope**
6568 Lincoln St, Bonners Ferry
Contact: Naomi #208-946-5219
Zoom Meeting ID 861 0324 9025
Password: 503174

Friday

Church of the Nazarene

1:00 pm, *Friday Book Study AFG*
4000 N 4th Street, Coeur d'Alene
Contact: Kelly B. #208-659-0152

Church of the Nazarene

6:00 pm, *Courage to Change*
4000 N 4th Street, Coeur d'Alene
Contact: Shelly #208-755-9607

Saturday

Church of the Nazarene

12 Noon, *Saturday Sunshine Group**
4000 N 4th Street, Coeur d'Alene
Contact: Rochelle #208-640-1089

Zoom Meeting ID 883 5640 6580 (updated 8/1/24)
Password: 508625

Sunday

True North Church**

5:00 pm, *Northwest Serenity*
10583 N. Government Way, Hayden
Contact: John K. #208-640-1311