

District 3 Meeting Minutes
Tuesday February 17, 2026
6:30-7:30 pm

Location: Hillcrest Shopping Center Library 5246 W Overland Rd, Boise, ID 83705

6:30-6:35- Opening, Serenity Prayer, Welcome and meeting guidelines

- **Introductions** of those present in person or via telephone:

Present	Group Name or D3 position	Name	Present	Group Name or D3 position	Name
☒	Garden Valley Al-Anon	Barbara S. GR	☐	Outreach Coordinator	
☒	(Tues/Fri) Boise Downtown	Betsy GR	☐	Keep it Simple Sun AFG	
☒	Mon/Th Noon Newcomer (Southminster)	Betty O. GR	☐	Night Serenity (McCall hybrid)	
☐	Tues/Fri Noon Cloverdale	Brenda K. GR	☐	Mon Night Meridian	
☒	Th Men's	Bret R. GR	☐	Mon/Wed Noon (Zoom)	
☐	Mon/Th (Newcomer Mon) Eagle	Cassie Alt. GR	☐	Sat Morning Spiritual (Zoom)	
☒	Treasurer	John H.	☐	SE Boise AFG (Zoom)	
☒	Mon/Th (Newcomer Mon) Eagle	June GR	☐	Steps to Serenity (Zoom)	
☐	Mon/Th Noon Newcomer (Southminster)	Kathryn J. Alt. GR	☐	Sun Morning Early Birds	
☒	Sat Serenity	Cathy G	☐	Sun Morning Spiritual AFG	
☐	Alateen Coordinator	Kelly M.	☐	The 3 Legacies, Writing for Serenity (Zoom)	
☒	Journey of the Spirit AFG	Laura GR/Sarah Alt GR	☐	Th Night Friends (Zoom)	
☐	Into Action (Women's Zoom)	Leah GR	☐	Tues Night AC (Zoom)	
☐	Wed Night Collister AFG	Lee Ann Alt GR	☐	Tues Night Serenity McCall	
☐	Sat Serenity	Lisa B. Alt GR	☒	Journey of the Heart	Sarah M., Alt. GR
☒	Alternate District Rep	Lois C.	☐	Guest	
☐	(Tues/Fri) Hope at Noon (Zoom)	Luanna GR	☐	Guest	
☒	District Rep	Mary H.	☐	Guest	
☒	Secretary	Molly P.	☐	Guest	
☐	Wed Night Collister AFG	Phil GR	☐	Guest	
☒	(Sat Eagle) Step Study AFG	Regina GR	☐	Guest	
☒	Meeting Schedule Coordinator	Ruth B.	☐	Guest	
☒	Newsletter Coordinator	Sandy	☐	Guest	
☐	Sunset Serenity (Zoom)	Susan	☐	Guest	
☒	Literature Center Rep	LeWayne	☐	Guest	
☐	Sat Serenity	Tyler co-GR	☐	Guest	

6:35-7:00 Business & Current Happenings

- Committee Reports:
 - Secretary's Report: Lois C. (5 min)
 - Minutes of last meeting: Motion to approve: Bret Second to motion: Cathy G It was unanimously approved
 - Approved Nov 2025 Minutes are now on the website
 - Molly P. offering to fill the secretary position to free up Lois for another service position opportunity. Motion to approve Molly as new secretary: June Second to the motion: Cathy G Molly was unanimously approved
 - Discussion re: Mary suggested that the minutes be posted to the website instead of email to make them available to all and get them out quickly. Several GRs mentioned that they would more readily see the minutes if they were sent out through email as well as putting them on the website. It was decided that the minutes would be sent to all GRs and service positions at the district level, we

would have a one-week duration for review and suggested edits, then we would post them on the website. GRs were encouraged to let their AFGs know that the minutes for each District 3 meetings would be on the Idaho Alanon Website. Motion to approve decision: June Second to motion: Laura It was unanimously approved.

- DR Report: Mary H. (3-5 min)
 - In need of an Alternate DR
 - Lois C. offered to fill this position since the secretary position has been filled. Motion to approve Lois as the new Alternate DR: Cathy G. Second to motion: June It was unanimously approved
 - From recent AWSC meeting:
 - New process was approved to remove a service volunteer when they are not fulfilling their duties
 - Mary will send Lori (our Area delegate) a summary of our district's groups
 - The area website is not heavily used; please make sure to share the website with your groups and events. Sandy printed out a QR code for all the groups which will access the Idaho Alanon website easily. GRs were asked to please share this with each AFG.
 - Area Treasurer is planning to distribute funds beyond prudent reserve as voted at the assembly last fall. They are just getting some logistics finalized
 - Also from our delegate Lori, is how to send letters of support (see attachment from the email that was sent)
 - Area has positions that need volunteers. GRs were asked to please share this information with your groups
 - Archives
 - Forum
 - Literature
 - Public Outreach
 - Public Information
 - IT Coordinator
 - Ashwood volunteers are needed for March 9 at 6 pm and March 12 at 9am
- Newsletter Report: Sandy
 - Newsletter now has a financial barrier
 - MailChimp was free up to 500 recipients
 - We have 400 recipients
 - MailChimp is reducing the free program to only 250 recipients
 - Pay \$20/mo. or change from MailChimp to another platform?
 - Sandy will try a few other things to avoid paying, and report back next month. Voting on whether to pay the \$20/mo. will be held in March
- Treasurer's Report: John H.
 - John requested that groups put the group number as well as the group name on the checks sent to the district: those numbers are found on the district schedule
 - Line item will be added to the budget for the Area Reimbursement for storage
 - Payment as donation to Lit Center has been made.
 - In the first month and a half, group donations have been 40% of the whole year. John encouraged groups to keep the checks coming.
 - When Area had an overly robust checking and savings account, our district (and others) voted to send more money to WSO and greatly reduced donations to Area
 - Discussion re: % to WSO and % to Area
 - Current 35% to Area and 65% to WSO
 - Prior 80% to Area and 20% to WSO
 - Vote on percentage of District distribution of extra funds:

- Ruth commented that WSO encourages groups and districts to take care of their own needs first, then send it to the next level up. Also, other Areas are currently giving a lot of money to WSO so it is not as critical that our District give as much.
 - Regina said her group conscience was for going back to the 80%/20%
 - June said her group also gives to WSO
 - Barb's group in Garden Valley also gives to WSO
 - Motion to approve the 80/20 distribution (80% to Area and 20% to WSO) was made by Regina. Second to motion: June It was unanimously approved
- Lasagna Dinner Report:
 - 70 people attended
 - Raised \$227
 - Spent \$80 on room rental and \$153.26 on supplies leaving a balance of \$(6.26)
 - Lessons and changes going forward: there was concern that insufficient oversight in spending may have contributed to the negative balance for the event.
 - Mary suggested that supplies be approved ahead of time to avoid overspending.
 - The question was asked: Should there be a line in the budget for supplies?
 - There was discussion of where supplies for event are and how to access them.
 - It was brought up that there is a binder with guidelines for a district event. It has been lost. Mary will be looking for it.
- Literature Center: LeWayne
 - Budget presentation
 - Donations paid all expenses
 - Income for 2025 was more than 2024
 - 2026 budget proposal draft based on 2025 actuals
 - Please take this to your groups and we will vote on the budget at the March 17 meeting
- Public Outreach Coordinator: Mary H.
 - In need of a new coordinator to fill this position
 - Any groups or members willing to select some dates at Ashwood Recovery to share your stories?
 - In need of volunteers for Monday evenings and Thursday mornings
 - Need 2 volunteers to share Mon 3/9 at 6 pm and Th 3/12 at 9 AM

7:00-7:25 Literature/Resources Study

- How to run a business meeting
 - Most attendance can be achieved with consistency
 - Set a routine schedule (i.e.: monthly, bimonthly, quarterly) for your business meetings
 - Selecting a date after district meeting allows the opportunity to relay business and promote discussion re: pending business to vote on
 - Give reminders to your group during the welcome of when to attend the business meeting, esp. if this is a new process. This allows for homegroup members who may not be at 100% of the meetings learn of the business meeting
 - Topics
 - Grievances can be brought by setting a notepad in the basket and reviewed at the meeting
 - Who should be present?
 - GR and/or Alternate GR
 - Treasurer (in groups without a GR, the treasurer runs the meeting)
 - Other service members that the group may have (i.e.: secretary, literature person, greeter(s)/hospitality, etc.)
 - Home group members

- Guests of the group that wish to participate
- Opportunities for selecting time may include
 - During a meeting
 - Last 5-15 minutes of a meeting can be set aside on routine basis for business
 - More people still present resulting in more voting members and more representative group consciousness
 - Less time for recovery in the meeting
 - Before or after a meeting
 - The GR will need to ensure your meeting room is available for this extra time
 - Allows time required to cover all relevant information
 - This can also mean the meeting lasts longer than members wish

We didn't have time to cover the topic of GR responsibilities. It will be the topic for March. Mary passed out an Alanon Guidelines for Group Reps.

7:25-7:30 New & Upcoming Happenings-

- Events
 - Feb. 28, 2026: Spiritual Walk
 - April 18, 2026: Bringing the Traditions Home
 - May 16, 2026: Spring Assembly via Zoom
 - Sept. 19, 2026: Fall Assembly in Twin Falls
 - Oct 2026: Taco 'bout recovery? Service? Chili feed? – is a group willing to select and host one?
 - Nov/Dec 2026: Are your holidays in jeopardy? - is a group willing to host this?

NEXT DISTRICT MEETING IS TUESDAY, 3/17/26, at Hillcrest Library! Meeting room

7:30 Close, Al-Anon Declaration: *Let it begin with me. When anyone, anywhere, reaches out for help, let the hands of Al-Anon and Alateen always be there, and let it begin with me.*

Approved minutes 2026 03 17