Al-Anon Family Groups
Strength and hope for friends and families of problem drinkers

UPCOMING DISTRICT 3 INFORMATION & EVENTS

|

July Wednesday Night Speaker Meeting

When: Wednesday July 1st at 6PM

Where: The main sanctuary of United Methodist Church

4400 W. Taft

Boise, ID 83703

We hope you can join the Collister Wednesday Night AFG for a speaker meeting on the first Wednesday of the month when

Danielle will be our speaker!

Al-Anon Family Groups

For any questions, you can call or text Mary H. 208.371.3740

Saturday, July 11, 2026
11:00am - 5:00pm/TICKETS $5
Hosted by District 5
with districts 3, 4, 8 & BACYPAA

JULIUS M. KLEINER
MEMORIAL PARK
1900 N. Records Ave.
Meridian, ID
SHELTER B1/SENIOR CENTER

Learn About A.A. Service
Get information on the various
A.A. service bodies in Treasure
Valley

Burgers, Dogs & Drinks provided. Please bring a POTLUCK side dish to share + CASH FOR 50/50 RAFFLE!

3 Speakers
Fellowship. Fun. Service
Contact information for questions: Melissa B. 208-407-1040 or Claudia T. 408-568-0209

HOSTED BY DISTRICT 3 AL-ANON

Releasing Anger & Resentment Workshop:

A Guided Self Inventory for Emotional Sobriety

August 4, 2026
6:15-7:45 pm
Doors open at 6

Library! at Hillcrest Butte Room
5246 W Overland Rd
Boise, ID

Open to anyone in a
12 Step Recovery Program
$15

Scan to Register

https://al-anon-idaho.org/mec-category/workshops/

August 14-16, 2026

Courtyard by Marriott Boise West/Meridian

1789 S. Eagle Road, Meridian, ID 83642

Register today!

$40 before July 1

www.gemstateroundup.com

PLUS: Panels, entertainment, Top Golf event, fellowship and more!

speakers

AA

Fri: Richie C. 1/15/21, Boise, ID

Sat: Mark L. 10/20/88, San Jose, CA

Sun: Sheila A. 12/15/84, Palm Desert, CA

Al-Anon

Fri: Nora S. 11/28/24, Boise, ID

Sat: Tom B. 6/15/93 Norman, OK

SAVE THE DATES

September 19 — **Fall Area Assembly Twin Falls**

DISTRICT 3 FINANCIALS, GROUP DONATIONS & LITERATURE CENTER BOARD MESSAGE

District 3 2026 Actuals through May 18, 2026

INCOME			
Group Donations + Paypal/Venmo individual		1,796.21	
D3 Event - Spirit Walk 2026		70.00	
D3 Event - Traditions 2026		1,390.82	
D3 Event - Q3		-	
D3 Event - Q4		-	
D3 Event - Other		-	
Place Holder	$	-	
TOTAL INCOME			3,257.03
EXPENSES			
Alateen	$	330.51	
Outreach		-	
Round-up		-	
AAISC/Literature Center Donation		2,000.00	
District 3 Rep Travel		-	
Event Supplies		-	
Storage Rent Rm 225		468.95	
WSO Love Gifts		-	
Printing/Copying/Stamps		15.60	
Place Holder #1		-	
Place Holder #2	$	-	
TOTAL EXPENSES			2,815.06
Income less Expenses Under (Over)			**$ 441.97**
Donations			
WSO Donation		$0.00	
Idaho Area 13 Donation		$0.00	
TOTAL DONATIONS			-
TOTAL EXPENSES AND DONATIONS			2,815.06
Income less Expenses and Donations Under (Over)			**$ 441.97**
Checking (thru 18MAY26)		5,217.24	
LESS PRUDENT RESERVE		2,500.00	
Current Available Funds	**$**	**2,717.24**	

DONATIONS 2026

Group	Type	Group #	January	February	March	April	May	TOTAL
Garden Valley Al-Anon	In-Person	66020					$30.00	$30.00
Into Action Womens	Zoom	30732060	$162.60					162.60
Journey of the Spirit	In-Person	30814640	$84.40				$122.00	206.40
Keep It Simple Sun AFG	In-Person	30542748						-
Monday Thursday Noon Eagle	In-Person	502539	$41.94			$52.85		94.79
Monday-Wednesday Noon	Zoom	61227		$50.00				50.00
Mon Thurs Noon Newcomer	In-Person	503789	$48.60			$38.00		86.60
Saturday Eagle Step Study AFG	In-Person	30561909		$284.13				284.13
Saturday Morning Spiritual	In-Person	65838				$120.00		120.00
Saturday's Serenity	In-Person	30564985						-
Southeast Boise AFG	Zoom	30707658						-
Sunday Morning Early Birds	In-Person	62315	$62.54			$40.00		102.54
The 3 Legacy's, Writing for Seren	In-Person	30704616						-
Thursday Men's	In-Person	503412		$24.00				24.00
Thursday Night Friends	Zoom	30514823						-
Tuesday & Friday Downtown	In-Person	3338		$200.00				200.00
Tuesday Friday Noon Five Mile	In-Person	502795	$29.75				$37.50	67.25
Hope at Noon	Zoom	30826836				$50.00		50.00
Tuesday Night Adult Children	Zoom	31241		$40.00				40.00
Tuesday Night Serenity - McCall	In-Person	3389	$15.00					15.00
Tuesday Night Women's Al-Anon	Zoom	501877						-
Wednesday Night Collister	In-Person	504118	$160.00					160.00
Total Group Donations			$604.83	$598.13	$0.00	$300.85	$189.50	$1,693.31
PayPal & Venmo - individual contribution			$ 47.04	$0.00	$ 37.24	$ 18.62		102.90
TOTAL			**$651.87**	**$598.13**	**$37.24**	**$319.47**	**$189.50**	**$1,796.21**
Closed Groups								
Monday Night Steps to Serenity		3345						-
Saturday Solutions Zoom	Zoom							-
Thursday Noon Mountain Home	Closed	30652898						-
Simply Serenity (Kuna)	Closed	30707276						-

DISTRICT 3 MEETING MINUTES CLICK HERE

As Group Representatives, you are the vital link between the District and our groups. To ensure our fellowship stays informed with accurate facts, the Board has put together a brief, unifying message. We ask that you please read this as part of your report on District 3's Meeting.

Should you need it, the "Learnings" document you received at the District Meeting contains much more detailed information.

A Message from the Literature Center Board

The Literature Center Board recently met to discuss transforming our business model to better serve our fellowship. Together, we are considering the following areas:

- **Aligning Governance:** Addressing structural and legal inconsistencies within our corporate framework.
- **Balancing Relationships:** Harmonizing the legal and spiritual relationship between the AAISC Corporation and District 3, using our Concepts of Service as a guide.
- **Managing Costs:** Acting as responsible trusted servants to effectively manage and reduce operational costs.
- **Ensuring Financial Stewardship:** Reviewing our financial assets to establish an appropriate Prudent Reserve that directly supports the fellowship.
- **Adapting to Change:** Recognizing the massive shifts in digital purchasing methods and communication that have occurred since 1986.

Our Objective: To ensure that the vital benefits currently provided by the AAISC are accommodated in any future model.

Next Steps: We are officially moving into the phase of collecting, researching, and analyzing viable alternative models.

Our Request: We ask that your groups maintain their current support as we carefully conduct this collaborative review.

Our Guiding Principle: Approaching this journey with a *"Beginner's Mind."* As the saying goes: *"In the beginner's mind there are many possibilities, but in the expert's mind there are few."*

SERVICE OPPORTUNITIES

Member Blog

Share your Experience, Strength, and Hope

The Al-Anon Family Groups offer a safe environment where the relatives and friends of alcoholics can find community and support to deal with their common problems. Our Member Blog is a place to read members' experience, strength, and hope on the monthly topics, and to write your own.

In addition to using the Blog for your personal recovery, the Blog is a fantastic source for meeting topics. Members are welcome to use any topic from the Blog to chair a meeting, possibly inspiring more members to write and post their sharings on the Blog. After all, the more people share their recovery, the more people can find recovery.

Keep in mind, the Member Blog comments are not for sharing in meetings as they have not gone through the Conference Approved Literature (CAL) process and are not considered CAL. The opinions expressed here are strictly those of the person who gave them. Take what you like and leave the rest. Member sharing on the Member Blog may be used in future Al-Anon publications.

Share Online Now-Click Here

ASHWOOD RECOVERY
AT NORTHPOINT®

volunteers to share their experience strength and hope at Ashwood Outpatient Recovery. Sessions are Mon@6PM and Thur@9AM. If you are willing to share how Al-Anon has helped you, please contact: Marie A. at (208) 484-2576

IDAHO AREA 13 2027 CALENDAR ENTRIES NEEDED

- 2027 theme will focus on places where you feel in touch with your Higher Power
- Please submit photos in landscape orientation
- Only 13 will be selected so pick your best
- July deadline to insure availability at Fall Assembly
- Fall Assembly Registration will include an option to order & prepay for pick up at assembly

Click Here to Submit Photo

THE FORUM
FEATURED STORY
(Al-Anon's Monthly Magazine)

Found My Voice

Growing up, the alcoholism in my family was kept a secret. Both my parents were alcoholics, though that's not to say they weren't great parents. I have many memories of snuggling up with them after coming in from playing in the snow and having dance parties in the basement. Since I was a baby, my father's drinking was out of control. Sometimes, he would have periods of sobriety. One lasted four years.

In second grade, I had a teacher who was a strong and caring woman. When she learned of my home situation—my dad losing his job and my mom ending their relationship—she reassured me and told me everything and everyone would be okay. She would say, "One Day at a Time." At that age, I didn't know what that meant. I really looked up to her and hope she's watching over me to see how much I've grown.

My mother would tell me to watch what my dad drank and take note when he became angry and never tell anyone if he'd lost his job or was going to rehab.

That was the shame and secrecy of living with an alcoholic. While my dad was in and out of rehab, my mom was drinking just as heavily, but the focus was always on my dad.

The summer before my first year of high school, I started Alateen. It was a place where I felt welcomed. Before Alateen, I kept all my emotions inside, believing no one could relate to my situation. I've been in this program a year now, and I'm still learning. I still struggle with detaching with love, but with the help of the Al-Anon Member Involved in Alateen Service (AMIAS) supporting my group, I am getting there.

My father has since lost his job, his home, and all his money. I have cut all ties with him out of anger and resentment. My mother has been sober for five years now. An Alateen member told me, "Just focus on 'One Day at a Time.'" That has stuck with me. "One Day at a Time" helps me remember that I'm not alone and to focus on what I can do today. I can't predict what the alcoholic will do; I can only control myself and what I want to do.

I still love my father. I know he's sick. He didn't choose to affect me with his drinking, and neither did my mom. Alcoholism is hard, but I'll always have hope. Alateen has helped me see there is a future. I can't control the past or future, so I live in the present. I hope the alcoholics in my life get sober and live a wonderful life. I hope other kids in my situation find Alateen.

By Lucy

The Forum, July 2026

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If you were not able to attend or you want to relive the past Traditions Workshops, check out the recordings tab on the Idaho Area 13 Website

Click Here to Listen to Traditions Workshops Speakers Recordings

THIS & THAT

I know that when I
feel a desperate
urge to act,

it is usually my will
that is pushing,

and when I feel a
calm certainty, it is
usually God's.

Anonymous

Courage to Change
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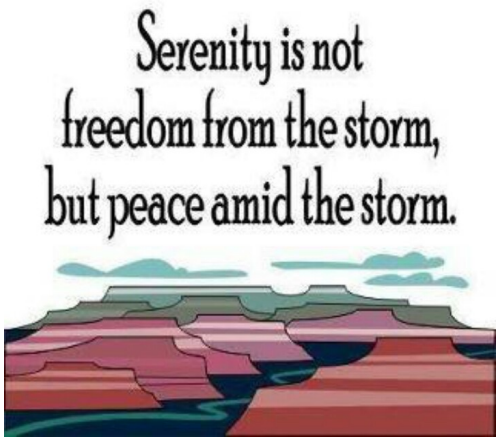

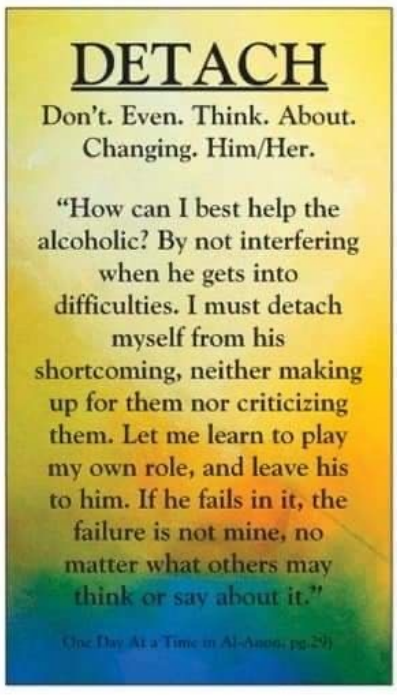

Do you know anyone who would like to receive the newsletter? Have them email their request to idahod3newsletter@gmail.com

Click Here for District 3 Meeting Schedule

Looking for statewide Al-Anon/Alateen Info? Click Here for Idaho Area 13 Website

Click here for information on Alateen

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