Al-Anon Family Groups
Strength and hope for friends and families of problem drinkers

Bring on the 'Ber Months!

UPCOMING DISTRICT 3 INFORMATION & EVENTS

September Wednesday Night Speaker Meeting

When: Wednesday September 2nd at 6PM

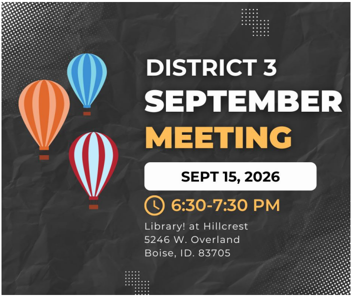
Where: The main sanctuary of United Methodist Church
4400 W. Taft
Boise, ID 83703

We hope you can join the Collister Wednesday Night AFG for a speaker meeting on the first Wednesday of the month when

Our speaker is Judy W!

Al-Anon Family Groups

For any questions, you can call or text Mary H. @ 208.371.3740



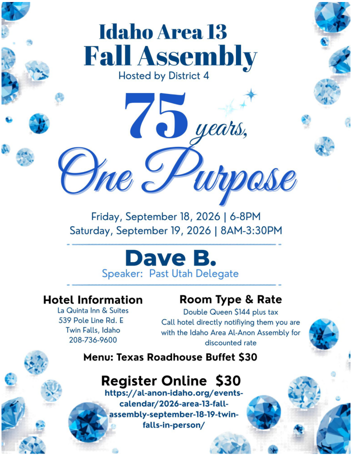
DISTRICT 3

SEPTEMBER MEETING

SEPT 15, 2026

6:30-7:30 PM

Library! at Hillcrest
5246 W. Overland
Boise, ID. 83705



Idaho Area 13

Fall Assembly

Hosted by District 4

75 *years,*

One Purpose

Friday, September 18, 2026 | 6-8PM
Saturday, September 19, 2026 | 8AM-3:30PM

Dave B.

Speaker: Past Utah Delegate

Hotel Information

La Quinta Inn & Suites
539 Pole Line Rd. E
Twin Falls, Idaho
208-736-9600

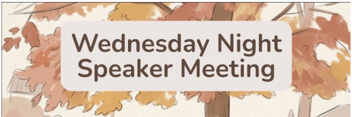
Room Type & Rate

Double Queen $144 plus tax
Call hotel directly notifiying them you are with the Idaho Area Al-Anon Assembly for discounted rate

Menu: Texas Roadhouse Buffet $30

Register Online $30

https://al-anon-idaho.org/events-calendar/2026-area-13-fall-assembly-september-18-19-twin-falls-in-person/



Wednesday Night Speaker Meeting

UPCOMING SPEAKERS

October 7, 2026
Speaker: Sarah M

November 4, 2026
Speaker: AJ

DISTRICT 3
FINANCIALS & GROUP DONATIONS

District 3 2026 Actuals through August 18, 2026

INCOME		
Group Donations + Paypal/Venmo individual	3,130.47	
D3 Event - Spirit Walk 2026	70.00	
D3 Event - Traditions 2026	1,390.82	
D3 Event - Movie Night in June	95.00	
D3 Event - Anger Workshop in August	178.00	
D3 Event - (Other)	-	
"Return Donation" - AAISC (Lit Ctr)	$ 5,000.00	
TOTAL INCOME		9,864.29
EXPENSES		
Alateen	$ 330.51	
Outreach	28.38	
Round-up	300.00	
AAISC/Literature Center Donation	2,000.00	
District 3 Rep Travel	111.00	
Event Supplies	-	
Storage Rent Rm 225	468.95	
WSO Love Gifts	-	
Printing/Copying/Stamps	15.60	
Place Holder #1	-	
Place Holder #2	$ -	
TOTAL EXPENSES		3,254.44
Income less Expenses Under (Over)		**$ 6,609.85**
Donations		
WSO Donation	$ 280.00	
Idaho Area 13 Donation	$ 1,120.00	
TOTAL DONATIONS		1,400.00
TOTAL EXPENSES AND DONATIONS		4,654.44
Income less Expenses and Donations Under (Over)		**$ 5,209.85**
Checking (thru 18AUG26)	9,985.12	
LESS PRUDENT RESERVE	2,500.00	
Current Available Funds	**$ 7,485.12**	

DONATIONS 2026

Group	Type	Group #	May	June	July	August	TOTAL
Garden Valley Al-Anon	In-Person	66020	$30.00				$30.00
Into Action Womens	Zoom	30732060					162.60
Journey of the Spirit	In-Person	30814640	$122.00			$81.20	287.60
Keep It Simple Sun AFG	In-Person	30542748					-
Monday Thursday Noon Eagle	In-Person	502539			$28.08		122.87
Monday-Wednesday Noon	Zoom	61227					50.00
Mon Thurs Noon Newcomer	In-Person	503789			$84.00		170.60
Saturday Eagle Step Study AFG	In-Person	30561909				$432.87	717.00
Saturday Morning Spiritual	In-Person	65838					120.00
Saturday's Serenity	In-Person	30564985				$125.25	125.25
Southeast Boise AFG	Zoom	30707658					-
Sunday Morning Early Birds	In-Person	62315		$90.00			192.54
The 3 Legacy's, Writing for Serenity	In-Person	30704616					-
Thursday Men's	In-Person	503412					24.00
Thursday Night Friends	Zoom	30514823					-
Tuesday & Friday Downtown	In-Person	3338		$200.00			400.00
Tuesday Friday Noon Cloverdale	In-Person	502795	$37.50			$55.00	122.25
Hope at Noon	Zoom	30826836					50.00
Tuesday Night Adult Children	Zoom	31241					40.00
Tuesday Night Serenity - McCall	In-Person	3389					15.00
Tuesday Night Women's Al-Anon	Zoom	501877					-
Wednesday Night Collister	In-Person	504118		$172.69			332.69
Total Group Donations			$189.50	$462.69	$112.08	$694.32	$2,962.40
PayPal & Venmo - individual contribution				$27.93	$18.62	$18.62	168.07
TOTAL			**$189.50**	**$490.62**	**$130.70**	**$712.94**	**$3,130.47**
Closed Groups							
Monday Night Steps to Serenity		3345					
Saturday Solutions Zoom	Zoom						
Thursday Noon Mountain Home	Closed	30652898					
Simply Serenity (Kuna)	Closed	30707276					

DISTRICT 3 MEETING MINUTES CLICK HERE

Literature/Information Center (AAISC)

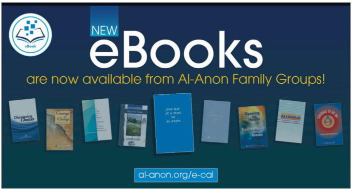
INVENTORY REDUCTION SALE

- **NO Markup!**
- **NO Sales Tax!**
- **FREE Shipping!**

Discovering Choices
Courage to Change
Hope for Today
ONE DAY AT A TIME IN AL-ANON
Opening Our Hearts Transforming Our Losses
ALCOHOLIC
COURAGE TO BE ME

LIMITED TO STOCK ON HAND

1111 S. Orchard St. Suite 172
Boise, ID 83705
208-344-1661


eBook
NEW
eBooks
are now available from Al-Anon Family Groups!
Discovering Choices
Courage to Change
Hope for Today
ONE DAY AT A TIME IN AL-ANON
Opening Our Hearts Transforming Our Losses
ALCOHOLIC
COURAGE TO BE ME
al-anon.org/e-cal

Click Here for Digital Bookstore

Instead of justifying our mistakes and creating new sources of guilt, we can simply admit to ourselves that we were wrong as soon as we realize it, making amends whenever appropriate.

- How Al-Anon Works p. 61

Page 19 - S...
2027
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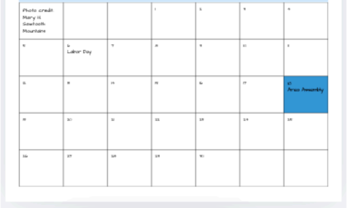

Photo credit: Mary H. Sawtooth Mountains			1	2	3	4
5	6 Labor Day	7	8	9	10	11
12	13	14	15	16	17	18 Area Assembly
19	20	21	22	23	24	25
26	27	28	29	30		

Time is running out to order your Al-Anon Area 13 Calendar! Theme for this year is "Where We Find Our Higher Power". Many wonderful pictures were submitted by our members so be sure to purchase one to see which final 13 photos were selected. Order by using the button below. Calendars can be picked up at Fall Assembly (check with your GR about someone picking up your calendar if you are not attending). This is a fundraiser for Area 13. $15

Click here to order calendar

SERVICE OPPORTUNITIES

Which service role beyond the group level interests you and why?

Service positions beyond the group level like Group Representative, Convention Committee, or Intergroup Volunteer can enrich your recovery and support our fellowship. August's member blog invites you to share: Which service role beyond the group level interests you and why?

You may also reflect on Step Eight, Tradition Eight, and Concept Eight.

Sharings on the Member Blog may be used in future Al-Anon publications.

New topics are being added each month!

Share Online Now-Click Here

THE FORUM
FEATURED STORY
(Al-Anon's Monthly Magazine)

Tending to My Garden of Grief

This morning, as I grappled once again with the loss of my daughter through estrangement by her choice over the last three years, my Higher Power gave me a perfect metaphor in a quote from the July 5 reading in *Courage to Change* (B-17). The quote at the bottom of the page reads, “Love your neighbor, yet pull not down your hedge.” This program is teaching me to turn my attention and reliance inward to the sustaining strength of God as I understand this presence within me.

I’ve been fighting an invasive species I planted 15 years ago: Russian sage. It is in one of my garden beds and has taken over all the other plants, and, through its traveling tendrils, it threatens to expand even further. In other beds where I planted it around my house, its spread has been curtailed by cherry trees from volunteer seeds that blew in, took root, and became stronger than the sage. But on this one side, it had free rein.

While contemplating my plants, I began to see them as metaphors for the spiritual lessons I’m learning. The grief I face daily from the loss of the relationship with my daughter can feel overwhelming, causing fear and despair. Like with the sage plant, I can’t fight grief alone, without the help of my Higher Power. The tendrils of grief pop up when my defenses are down, and I realize my powerlessness. But the grace of God can work below the surface without my assistance and, like the cherry trees, fight battles that are beyond my control. These competing species are like the “hedge” in the *Courage to Change* quote, representing the healthy boundary that must be firm yet porous. I thought about how I’m learning through the principles of Al-Anon to anchor my roots in the soil of God’s love. Instead of sending out tendrils of worry and misplaced desire to help or solve my children’s problems, which are beyond my control, I can reroute those flailing little insecure roots toward my home within, to my sacred center.

Though I will always grieve the loss of the relationship with my daughter, I have to accept, for now, that this is her decision. Through the principles of Al-Anon, I am finding wisdom, happiness, hope, strength, comfort, and healing, for which I am thankful every day.

By Janet L.

The Forum, September 2026

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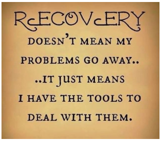
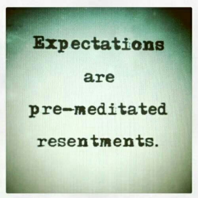
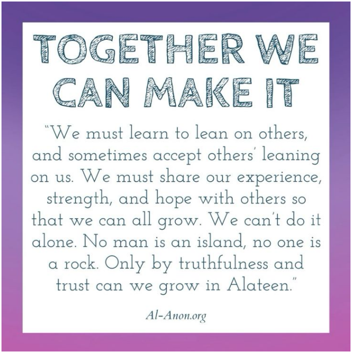
THIS & THAT



RECOVERY
DOESN’T MEAN MY
PROBLEMS GO AWAY..
..IT JUST MEANS
I HAVE THE TOOLS TO
DEAL WITH THEM.



Expectations
are
pre-meditated
resentments.



TOGETHER WE CAN MAKE IT

"We must learn to lean on others, and sometimes accept others' leaning on us. We must share our experience, strength, and hope with others so that we can all grow. We can't do it alone. No man is an island, no one is a rock. Only by truthfulness and trust can we grow in Alateen."

Al-Anon.org

Do you know anyone who would like to receive the newsletter? Have them email their request to idahod3newsletter@gmail.com

Click Here for District 3 Meeting Schedule

Looking for statewide Al-Anon/Alateen Info? Click Here for Idaho Area 13 Website

Click here for information on Alateen

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