



UPCOMING DISTRICT 3
INFORMATION & EVENTS

October Wednesday Night Speaker Meeting

When: Wednesday October 7th at 6PM

Where: The main sanctuary of United Methodist Church

4400 W. Taft

Boise, ID 83703



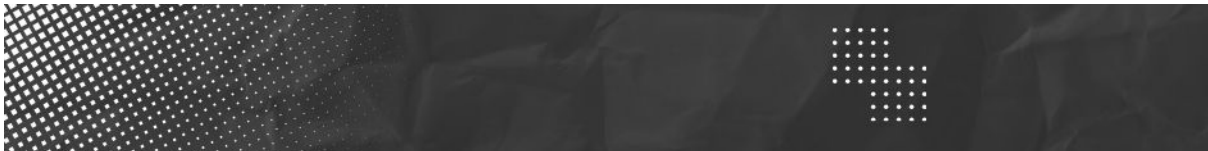
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We hope you can join the Collister Wednesday Night AFG
for a speaker meeting on the first Wednesday of the
month when

Our speaker is Sarah M!



For any questions, you can call or text Mary H. @ 208.371.3740







with Al-Anon & AA speaker panel plus a 50/50 Raffle

BOISE FIRST UNITED CHURCH OF CHRIST
2201 W Woodlawn Ave
Boise, Id 83702

SUGGESTED \$10 DONATION AT THE DOOR
Cash or Check Please

Contact us for more information:
Ruth B. 208-850-6602
Leah B. 208-869-5194



DISTRICT 3 FINANCIALS & GROUP DONATIONS

District 3 2026 Actuals through September 15, 2026

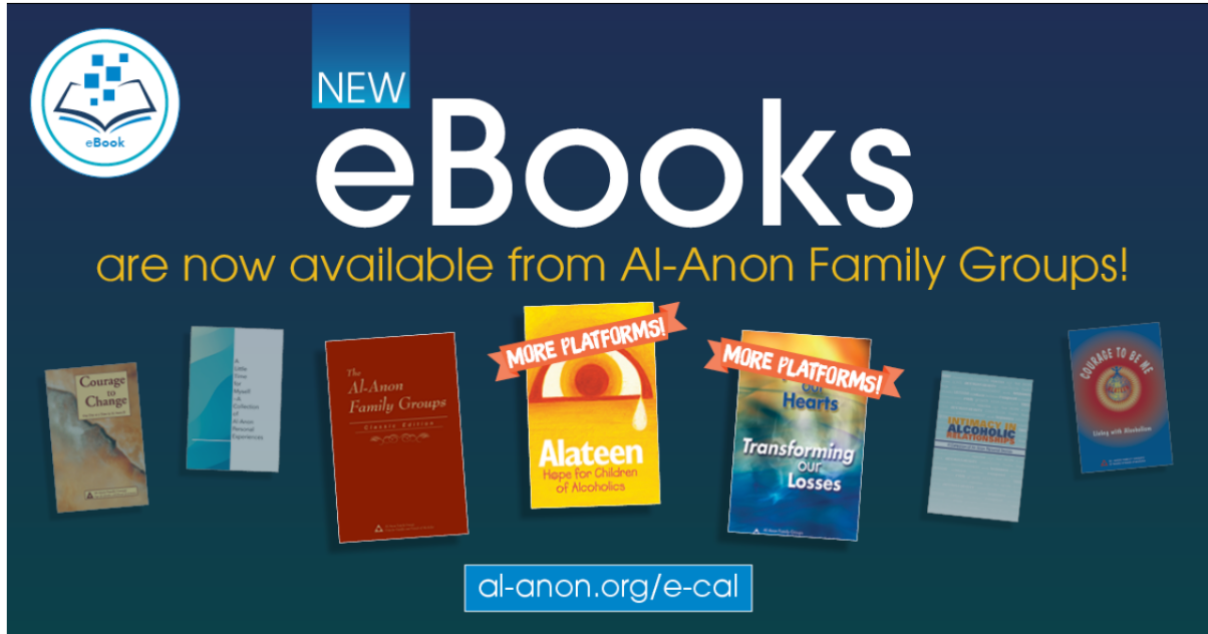
INCOME		
Group Donations + Paypal/Venmo individual	3,130.47	
D3 Event - Spirit Walk 2026	70.00	
D3 Event - Traditions 2026	1,390.82	
D3 Event - Movie Night in June	95.00	
D3 Event - Anger Workshop in August	501.41	
D3 Event - (Other)	-	
"Return Donation" - AAISC (Lit Ctr)	\$ 5,000.00	
TOTAL INCOME		10,187.70
EXPENSES		
Alateen	\$ 633.51	
Outreach	45.88	
Round-up	300.00	
AAISC/Literature Center Donation	2,000.00	
District 3 Rep Travel	90.00	
Event Supplies	-	
Storage Rent Rm 225	468.95	
WSO Love Gifts	-	
Printing/Copying/Stamps	36.60	
Place Holder #1	-	
Place Holder #2	\$ -	
TOTAL EXPENSES		3,574.94

TOTAL EXPENSES	3,314.34
Income less Expenses Under (Over)	\$ 6,612.76
Donations	
WSO Donation	\$ 280.00
Idaho Area 13 Donation	\$ 1,120.00
TOTAL DONATIONS	1,400.00
TOTAL EXPENSES AND DONATIONS	4,974.94
Income less Expenses and Donations Under (Over)	\$ 5,212.76

Checking (thru 15SEP26)	9,988.03
LESS PRUDENT RESERVE	2,500.00
Current Available Funds	\$ 7,488.03

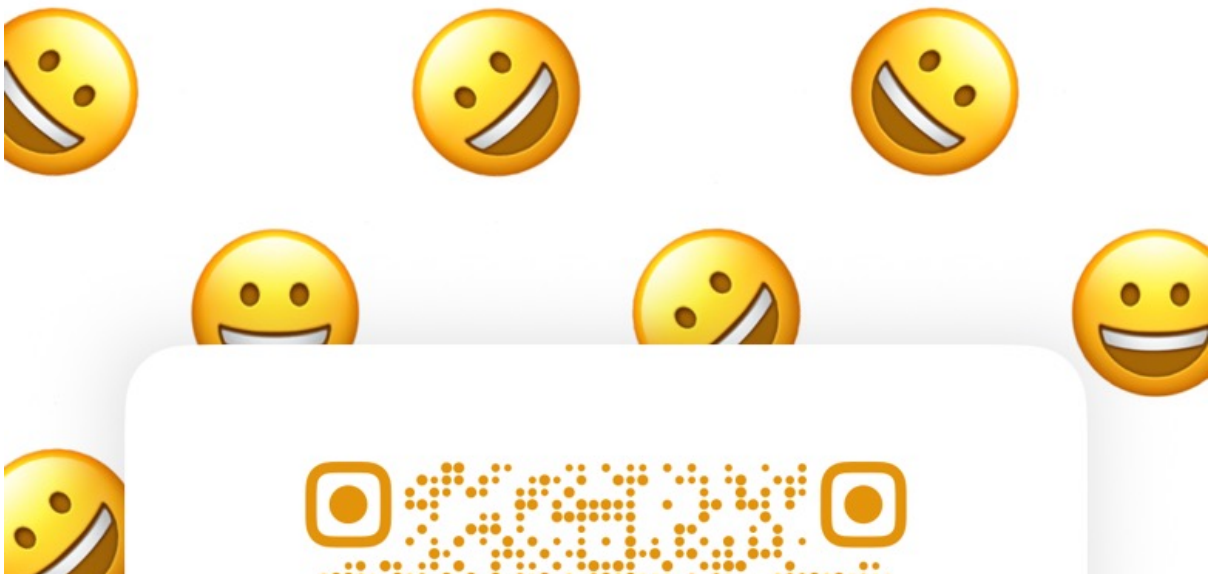
			DONATIONS 2026				
Group	Type	Group #	June	July	August	September	TOTAL
Garden Valley Al-Anon	In-Person	66020					\$30.00
Into Action Womens	Zoom	30732060					162.60
Journey of the Spirit	In-Person	30814640			\$81.20		287.60
Keep It Simple Sun AFG	In-Person	30542748					-
Monday Thursday Noon Eagle	In-Person	502539		\$28.08			122.87
Monday-Wednesday Noon	Zoom	61227					50.00
Mon Thurs Noon Newcomer	In-Person	503789		\$84.00			170.60
Saturday Eagle Step Study AFG	In-Person	30561909			\$432.87		717.00
Saturday Morning Spiritual	In-Person	65838					120.00
Saturday's Serenity	In-Person	30564985			\$125.25		125.25
Southeast Boise AFG	Zoom	30707658					-
Sunday Morning Early Birds	In-Person	62315	\$90.00				192.54
The 3 Legacy's, Writing for Serenity	In-Person	30704616					-
Thursday Men's	In-Person	503412					24.00
Thursday Night Friends	Zoom	30514823					-
Tuesday & Friday Downtown	In-Person	3338	\$200.00				400.00
Tuesday Friday Noon Cloverdale	In-Person	502795			\$55.00		122.25
Hope at Noon	Zoom	30826836					50.00
Tuesday Night Adult Children	Zoom	31241					40.00
Tuesday Night Serenity - McCall	In-Person	3389					15.00
Tuesday Night Women's Al-Anon	Zoom	501877					-
Wednesday Night Collister	In-Person	504118	\$172.69				332.69
Total Group Donations			\$462.69	\$112.08	\$694.32	\$0.00	\$2,962.40
PayPal & Venmo - individual contribution			\$27.93	\$18.62	\$18.62		168.07
TOTAL			\$490.62	\$130.70	\$712.94	\$0.00	\$3,130.47
Closed Groups							
Monday Night Steps to Serenity		3345					
Saturday Solutions Zoom	Zoom						
Thursday Noon Mountain Home	Closed	30652898					
Simply Serenity (Kuna)	Closed	30707276					

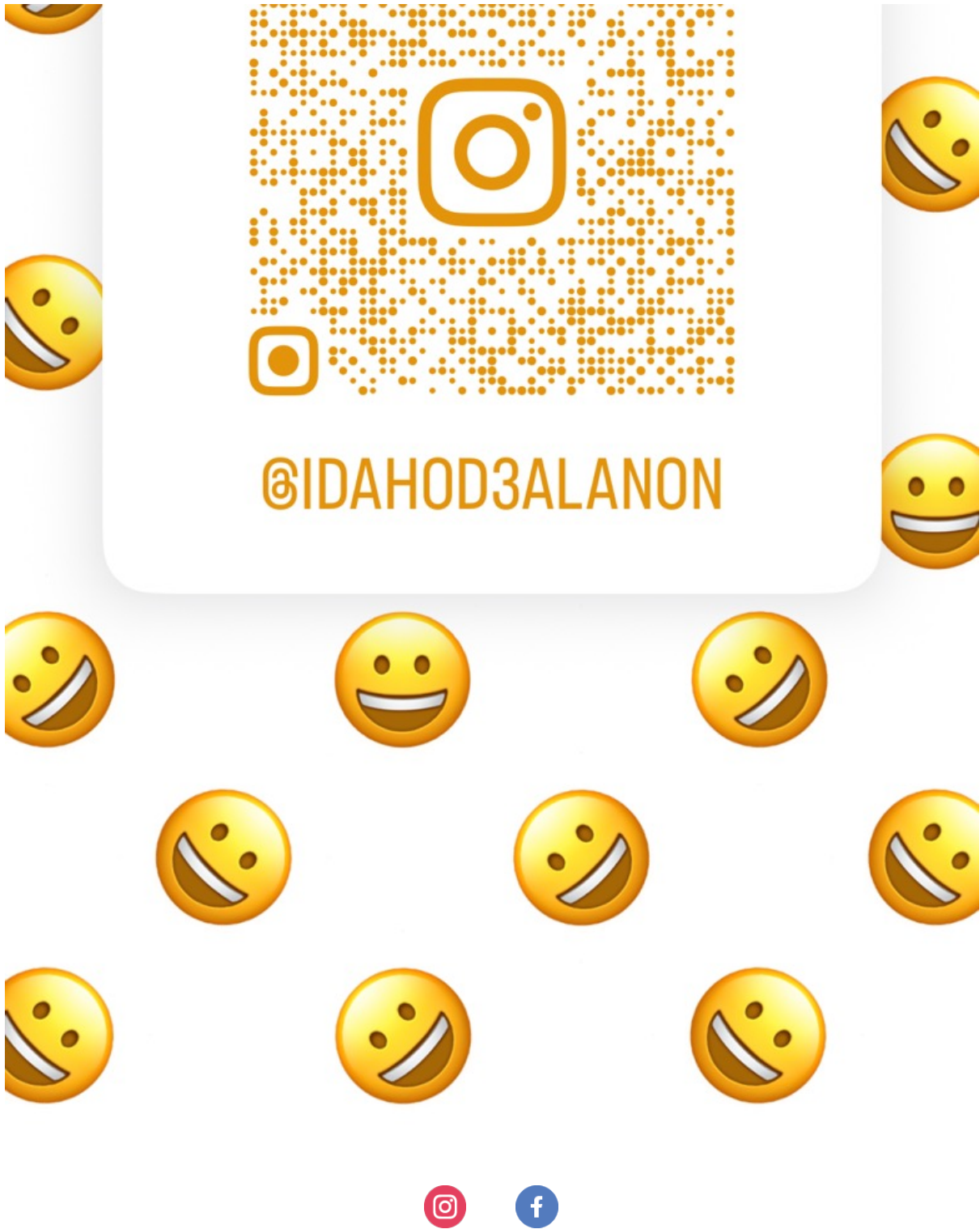
[DISTRICT 3 MEETING MINUTES CLICK HERE](#)



A banner for eBooks available from Al-Anon Family Groups. It features a dark blue background with a white eBook icon in the top left. The text "NEW eBooks" is prominently displayed in white, with "are now available from Al-Anon Family Groups!" in yellow below it. Several book covers are shown, including "Courage to Change", "The Al-Anon Family Groups", "Alateen", "Transforming Our Losses", and "Courage to Be Me". Two red banners with white text say "MORE PLATFORMS!". At the bottom, a blue box contains the URL "al-anon.org/e-cal".

[Click Here for Digital Bookstore](#)







2027	september						2027
sun	mon	tue	wed	thu	fri	sat	
Photo credit: Mary H. Sawtooth Mountains			1	2	3	4	
5	6 Labor Day	7	8	9	10	11	
12	13	14	15	16	17	18 Area Assembly	
19	20	21	22	23	24	25	
26	27	28	29	30			

Didn't get a chance to order an Area 13 wall calendar before Fall Assembly? We got you!! You have until October 31st to order more online. Calendars will be sent to DR's to distribute to GR's at the district meeting where they will deliver to you at your meeting.

[Click here to order calendar](#)

SERVICE OPPORTUNITIES



What Keeps You Coming Back?

When did you decide that Al-Anon was right for you, and what has kept you coming back? Did the decision come as a moment of clarity, or did it grow slowly through shared experience, strength, hope, and gentle understanding? We invite you to reflect on your journey, or to share on one or more of our

Legacies. This month features Step Ten, Tradition Ten, and Concept Ten. Sharings on the Member Blog may be used in future Al-Anon publications. New topics are being added each month!

[Share Online Now-Click Here](#)

THE FORUM FEATURED STORY (Al-Anon's Monthly Magazine)

Why I Stayed

There are many reasons, but I think the initial one was the connection I made with people who opened their hearts by sharing their trials and struggles, past and present. When I first came to Al-Anon, I didn't know what to expect, but I quickly found something I hadn't experienced before. Second, I was finally listened to without being shut down. And third, I felt safe.

The hurt and pain I felt were not unique to me. There were others who suffered from living with the effects of this disease, yet they seemed to be able to smile in spite of it. I envied what they had, and I wanted to have that too.

I tried to find happiness despite my ex's drinking, but what I really wanted was for him to stop. In Al-Anon, I learned that my peace did not have to depend on someone else's choices. As I kept coming back, I began to find more peace. My recovery became a remarkable journey of self-acceptance and forgiveness.

I was a child of a mixed marriage, and I had lived with shame about that for much of my life. I loved my father deeply, but I hid my identity and background as much as I could. Through the program, I began to face the part of myself I

had avoided for years. This led me to travel to his hometown of Iloilo in the Philippines, and I met my father's family for the first time. They welcomed me with open arms. I made amends to my father before he passed, for which I am deeply grateful. That was many years ago.

Today, I am blessed to sponsor others, which is a gift in itself. My sponsees have become my friends, and many of them now sponsor others. Being a Sponsor is not easy; it requires patience, understanding, and honesty. I once heard an A.A. speaker who identified as "recovered" joke, "If you don't hate your Sponsor, you don't have a good sponsor."

We laughed, but I understood the meaning. There have been times I didn't agree with my Sponsor or like what she had to say, but over time, her words proved true. I just wasn't ready to accept them yet. The experience taught me that growth in Al-Anon doesn't always feel comfortable, but it's certainly worth it.

Meetings grant me serenity. Through sponsorship, I have found the power to give and receive love. Sticking with Al-Anon brought me healing, connection, and a community. This sense of belonging and purpose is why I continue to stay and grow.

By Linda C.

The Forum, September 2026

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THIS & THAT

Any time I am in
resentment, I am not taking
care of myself. I am blaming
someone else for something
I need to do.

The higher the expectations,
the lower the serenity. I try
to keep my boundaries high,
my expectations low, and
my heart open.

I know that when I
feel a desperate
urge to act,

it is usually my will
that is pushing,

and when I feel a
calm certainty, it is
usually God's.

Anonymous

Courage to Change
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Do you know anyone who would like to receive the newsletter? Have them email their request to idahod3newsletter@gmail.com



[Click Here for District 3 Meeting Schedule](#)

[Looking for statewide Al-Anon/Alateen Info? Click Here for Idaho Area 13 Website](#)

[Click here for information on Alateen](#)



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